

GLUTEN FREE MENU

CLASSIC MAINS

CHICKEN IN WHITE WINE

A SUCCULENT CHICKEN BREAST COOKED AND THEN SLICED, SERVED IN A CREAMY WHITE WINE AND MUSHROOM SAUCE. SERVED WITH SIDE SALAD, CHIPS OR WHITE RICE.

CHICKEN VESUVIUS

A SUCCULENT CHICKEN BREAST COOKED AND THEN SLICED, SERVED IN A CREAMY WHITE WINE, MUSHROOM AND CHILLI FLAKE SAUCE. SERVED WITH SIDE SALAD, CHIPS OR WHITE RICE.

10 OZ GAMMON STEAK

A PRIME 10 OZ GAMMON STEAK GRILLED AND TOPPED WITH A FRIED FREE RANGE EGG. SERVED WITH PEAS AND YOUR CHOICE OF CHIPS OR RICE.

8 OZ SIRLOIN STEAK

A PRIME 8 OZ SIRLOIN STEAK GRILLED TO YOUR LIKING AND SERVED WITH MUSHROOMS, A GRILLED TOMATO, GARDEN PEAS AND CHIPS.

PROPER HAM, EGG CHIPS

TWO THICK-CUT SLICES OF CARVED HAM SERVED WITH GOLDEN CHIPS, A FRIED FREE RANGE EGG, SIDE SALAD AND A TANGY POT OF PICCALILLI.

THE CARVERY

A CARVERY FRESH FROM OUR CARVING DECK RANGING FROM SMALL TO XL.
CHOOSE FROM BEEF, TURKEY, GAMMON (OR LAMB ON SUNDAYS).
EVERYTHING GF IS LISTED ON THE TV BEHIND THE CARVING DECK OR ASK OUR TEAM AND THEY CAN HELP YOU OUT ALSO.
ALL OUR GRAVY IS GLUTEN FREE ALSO.

SIMPLY SEAFOOD

GF FISH & CHIPS

CLASSIC BRITISH FISH & CHIPS EXPERTLY HAND-BATTERED IN OUR OWN GLUTEN-FREE BATTER FOR A CRISP, GOLD FINISH. COMPLETELY GLUTEN FREE AND FRESHLY PREPARED BY OUR TEAM, SERVED WITH YOUR CHOICE OF GARDEN PEAS OR TRADITIONAL MUSHY PEAS.

SALMON FILLET

A PAN FRIED SALMON FILLET SERVED WITH A HERBY LEMON AND DILL CREAM SAUCE. SERVED WITH BUTTERY CHIVEY NEW POTATOES, MANGETOUT AND BABY CORN.

CURRY CORNER

ALL OF OUR INDIAN AND THAI CURRIES ARE GLUTEN FREE. PLEASE NOTE THAT OUR NAAN BREADS ARE NOT GLUTEN FREE. WHEN ORDERING AT THE TILL, YOU WILL BE ASKED IF YOU WOULD LIKE A NAAN BREAD - IF YOU ARE FOLLOWING A GLUTEN FREE DIET, SIMPLY SAY NO TO THE NAAN.

CHICKEN KORMA

BUTTER CHICKEN

CHICKEN TIKKA MASALA

CHICKEN MADRAS

PRAWN MADRAS

THAI PENANG CURRY

SWEET POTATO & CHICKPEA CURRY

SIZZLING SKILLETS

INDIAN TANDOORI CHICKEN SKILLET

PLAIN CHICKEN COATED IN TRADITIONAL PUNJABI TANDOORI PASTE AND COOKED ON A BED OF ONIONS & MIXED PEPPERS. 100% GLUTEN FREE & SERVED SIZZLING HOT !

FREE FROM FANCIES

GF STICKY TOFFEE PUDDING

A GF STICKY TOFFEE PUDDING SERVED WITH EITHER CUSTARD, POURING CREAM OR ICE-CREAM.

ALABAMA FUDGE CAKE

A GF CHOCOLATE CAKE WITH CHOCOLATE FUDGE, WHITE CHOCOLATE SAUCE AND YOUR CHOICE OF ICE-CREAM, POURING CREAM OR SQUIRTY CREAM.

GF TROPICAL SUNDAE

VANILLA ICE CREAM WITH MANGO & PINEAPPLE COMPOTE - THIS SUNDAE DOESN'T COME WITH A WAFER.
VEGAN OPTION ALSO AVAILABLE.

