

The Beck Allergy Menu

2025

Updated 26/11/2025



All Of The Menu Items Will Have One Or More Of The Above Symbols If They Contain Any Of The Above Main 14 Food Allergies. These Are Not Exhaustive And Caution Will Still Need To Be Taken When Ordering. If In Any Doubt Then Please Contact A Member Of Staff To Help You With Any Questions Regarding Your Order And We Will Be Happy To Help. We Will Liaise With Our Chefs To Accommodate Your Menu Needs.

Please Note That This Menu Changes And Thus Items May Not Be Available Despite Being Listed.

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Curry Menu

Pilau Rice



Celery & Celeriac



Mustard

Basmati Rice, Garam Masala, Ginger, Cloves, Peppers, Cumin, Nutmeg, Pimento, Fennel, Cardamon, Sunflower Oil, Tumeric Extract, Paprika, Mustard Seeds, Sugar, Onion, Celery, Celeriac, Garlic.

Naan Bread



Gluten, Wheat Flour, Rapeseed Oil, Yeast, Kalonji Seeds.

Mango Chutney

Sugar, Salt, Mango, Ground Chillies, Ground Ginger

Yogurt Dip



Milk

Yogurt, Mint, Sugar Lemon

Poppadoms (curry Thursday)



(may contain)

Urid flour, Rice flour, salt, raising agent: calcium carbonate, coconut oil

BUTTER CHICKEN



Milk

Water, single cream, onion, butter, maize starch. Ground spices: (turmeric, cumin, coriander paprika, chilli, cassia, clove cardamon fenugreek leaf). Salt, fried onion (onion sunflower oil). Acid regulators: citric acid, lactic acid; garlic puree, dried coriander leaf, dried fenugreek leaf. Colour: paprika extract; ginger puree.

Chicken Korma (GF)



Milk



Mustard



Nuts



Peanuts

Sugar, Desiccated Coconut, Cream, Milk, Rapeseed Oil, Maize Starch, Tomato Puree, Spices, Ginger Puree, Garlic Puree, Dried Onions, Salt, Lemon Juice, Coriander, May Contain Mustard, Nuts And Peanuts.

Chicken Tikka Masala (GF)



Milk



Mustard



Nuts



Peanuts

Tomatoes, Yogurt, Milk, Rapeseed Oil, Single Cream, Modified Maize Starch, Dried Onions, Sugar, Ginger Puree, Garlic Puree, Salt, Cumin, Paprika Extract, Cumin Seeds, Dried Coriander. May Contain Mustard, Nuts And Peanuts.

Chicken Madras Curry



Mustard



Peanuts



Nuts

Chicken, Tomato, Onion, Rapeseed Oil, Modified Maize Starch, Sugar, Mustard, Coriander Powder, Lemon Juice, Paprika Powder, Cumin Powder, Dried Onions, Garlic Puree, Salt, Ginger Puree, Red Chillies, Black Mustard Seeds, Coriander, Curry Leaf, May Contain Nuts And Peanuts.

Prawn Madras Curry



Mustard



Peanuts



Nuts



Crustaceans



Fish



Molluscs

Prawns, Tomato, Onion, Rapeseed Oil, Modified Maize Starch, Sugar, Mustard, Coriander Powder, Lemon Juice, Paprika Powder, Cumin Powder, Dried Onions, Garlic Puree, Salt, Ginger Puree, Red Chillies, Black Mustard Seeds, Coriander, Curry Leaf, May Contain Nuts And Peanuts.

Sweet Potato & Chickpea Curry (GF + Vegetarian)



Mustard



Nuts



Peanuts

Sweet Potato, Onion, Tomato, Coconut Milk, Rapeseed Oil, Chickpeas, Spinach, Red Pepper, Mango Powder, Mustard, Tomato Puree, Garlic Puree, Lemon Juice, Sugar, Cornflour.

Red Thai Chicken Curry



May Contain Mustard



Contain Nuts (Coconut)



May Contain Celery



May Contain Soya

Water, Creamed Coconut, Coconut Milk, Sugar, Starch, Red Peppers, Onion, Rapeseed Oil, Salt, Tomato Paste, Garlic Puree, Minced Lemongrass, Lactic Acid, Citric Acid, Corriander Leaf, Minced Galangal, Lime Leaves, Chilli Flakes, Thai Basil, Paprika Extract, Chicken, Rice.

Thai Penang Curry (GF + **Vegan**)



May Contain Mustard



Contain Nuts (Coconut)



May Contain Celery



Contains Soya (Mangetout)

Coconut Milk, Coconut Water, Cauliflower, Green Beans, Peppers (Both Yellow & Red), Mangetout, Red Curry Paste (Red Chillies, Salt, Ginger, Garlic, Lemongrass, Paprika, Coriander, Shallots, Lime Leaves, Cumin, Blended Red Peppers, Yeast), Demerara Sugar, Lemongrass Puree, Water, Maize Starch, Lime Leaves.

Butternut Tagine

Cooked Butternut Squash (23%) (Contains: Rapeseed Oil), Tomato, Water, Cooked Red Onion (10%) (Contains: Rapeseed Oil), Chickpeas (Contains: Water, Salt), Onion, Orange Juice, Dried Cranberry (3%) (Contains: Sugar, Sunflower Oil), Tomato Puree, Rapeseed Oil, Spices, Sugar, Ginger Puree, Garlic Puree, Sultana (Contains: Sunflower Oil), Salt, Smoked Paprika, Cornflour, Herb, Acidulant E330

Fish Menu

Fish And Chips



Gluten



Eggs



Fish



Mustard.



Soya



Milk

Fish, Wheat Flour, Salt Colours, Carotenes, May Contain Gluten, Eggs, Milk And Soya

Chips

Potato .All Our Chips Or Fries Are Fried In The Same Vegatable Oil And May Be Contaminated With Gluten And Other Allergens.

Mushy Peas

Peas, Salt Sugar And Bicarbonate .

Bread



Gluten



May Contain Eggs



May Contain Milk

Gluten. May Contain Eggs, Milk, Cereal, Wheat, Rye, Barley ,Oats, Palm Oil

Butter



Milk

Butter, Milk, Salt

Tartare Sauce



Eggs

Rapeseed Oil, Spirit Vinegar, Sugar, Gherkins, Capers, Modified Starch, Egg Yolk Powder

Golden Scampi



Gluten,



Crustaceans



Fish



Molluscs



Eggs



Mustard

Scampi Tails, Wheat Flour, Niacin, Thiamin, Wheat Flour, Salt, Maize Flour, Yeast.

Seaside Platter



Gluten



Crustaceans



Eggs



Fish



Molluscs



Mustard

Panko Squid Rings, Cod Bites, Prawns, Molluscs, Wheat Flour, Palm Oil, Salt, Garlic, Pepper, Squid Chunks, Molluscs, Scampi, Wheat Flour, Palm Oil, Wheat Flour,

Cod Fish, Wheat Flour, Palm Oil, Rice Flour, Sugar, Yeast Extract

Butterfly Prawns, Crustaceans, Wheat Flour, Palm Oil, Squid Extract

Onion Rings



Gluten



May Contain Mustard



May Contain Soya



Sulphur

Onion, Wheat Flour/starch, Malt, Barley, Cornstarch, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Beer, Sugar, Salt, Maltodextrin, Raising Agent (E500, E450), Stabiliser (E412, E415)

Salmon Fillet



Crustaceans



Fish



Molluscs



Milk



Soya

Salmon Fillet, Butter (Milk, Salt)

Lemon & Dill Sauce – Cream (Milk), Lemon Juice, Citric Acid, Salt, Pepper, Maltodextrin, Starch, Salt, Onion Powder, Sugar (Caramel Syrup), Thickener (Guar Gum), Sage, Dill

New Potatoes – British Potatoes, Butter (Milk, Salt), Chives

Steamed Mangetout

Steamed Baby Corn

Classic Mains

Steak And Stilton Pie



Gluten



Soya



Sulphur



Milk



Egg (Eggwash)

Wheat Flour, Vegetable Oils And Fats (Palm & Rape) Steak, Mushrooms, Milk Cream, Stilton Cheese, Beer

Mashed Potato



Milk

British Potato, Whey Powder (Milk), Rapeseed Oil, Salt, White Pepper

Chips

Potato. All Our Chips Or Fries Are Fried In The Same Vegetable Oil And May Be Contaminated With Gluten And Other Allergens.

(Lutosa) Potatoes, Sunflower Oil

Steak And Ale



Gluten



Soya



Sulphur



Milk



Egg (Eggwash)

Wheat Flour, Vegetable Oils And Fats (Palm & Rape) Steak, Mushrooms, Milk Cream, Beer

Beef Lasagne



Gluten



Eggs



Milk



Soya



Celery



Eggs

Beef Mince, Onion, Garlic, Celery, Onion Powder, Tomatos, Tomato Puree, Corn Flour, Salt, Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano, Black Pepper, Durum Wheat, Semolina, Pasta, May Contain Egg, Soya And Mustard, Palm Oil.

Sweet and Sour Chicken Cantonese Style



Gluten



Mustard



Eggs



Milk



Soya

Chicken, Fish, Wheat Flour, Salt Colours, Carotenes, May Contain Gluten, Eggs, Milk And Soya, Onion Puree, Coconut Extract, Ginger Puree, Modified Maize, Soya Sauce, Soya Beans, Rapeseed Oil, Garlic Puree, Tumeric, Ground Ginger, Coriander, Chilli Pepper, Cumin, Mustard Flour, Cayene Pepper.

Chicken In White Wine



Milk



Sulphur

Chicken Breast, Onion, Garlic, Double Cream, White Wine, Mushrooms, Sugar, Salt, Tomato Puree, Garlic Puree, Sunflower Oil and Sage, Bacon Lardons

Chicken Vesuvius (Spicy)



Milk



Sulphur

Chicken Breast, Onion, Garlic, Double Cream, White Wine, Mushrooms, Sugar, Salt, Tomato, Chilli Puree, Garlic Puree, Sunflower Oil And Sage, Chilli Flakes, Tomato Puree, Corn Flour, Salt, Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano

Ham Egg and Chips



Eggs



Sulphur

Sliced Ham, Eggs, Chips ((Lutosa) Potatoes, Sunflower Oil), Chutney (Rehydrated Onions {water, red wine vinegar, preservative (sulphur dioxide), kibbled onion}, red onion, demerara sugar, muscovado sugar, modified tapioca starch, red wine vinegar {red wine vinegar, preservative (sulphur dioxide)}, salt, pepper.

Chilli Con Carne



Celery



Soya



Gluten

Beef Mince, Onion, Garlic, Celery, Onion Powder, Tomatos, Tomato Puree, Corn Flour, Salt, Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano, Black Pepper, Kidney Beans, Jalapenos, Chilli, Chilli Flakes, Garlic Powder.

May Contain Gluten

Tortilla Chips

Maize Flour, Sunflower Oil, Salt, Calcium Hydroxide, Citric Acid

Dirty Dog



Celery



Celery



Eggs



Milk



Soya

Pork Sausage, Onions, Gherkins, Vinegar, BBQ Sauce, Tomato Puree, Molasses, Salt, Maize Starch, Onion Powder, Smoke Flavouring, Black Pepper, Brioche Buns, Wheat Flour, Butter, Milk, Sugar, Egg Powder, Skimmed Milk, Rapeseed Oil, Modified Starchpalm Oil, Yeast, Tumeric

South-African Piri Piri Lemon Chicken

Chicken, Piri Piri Sauce (Water, Glucose-Fructose Syrup, Rapeseed Oil, White Wine Vinegar, Onion Puree, Salt, Acidity Regulator (Acetic Acid), Garlic Puree, Citric Acid, Lemon Comminate, Modified Potato Starch, Cayenne chilli, Parsley, Paprika, Dried Garlic, Dried Onion, Preservative (Potassium Sorbate), Stabiliser (Xantham Gum), Birds Eye Chilli, Colour (Paprika Extract), Rice or Chips.

Coleslaw



Egg



Mustard

Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar, Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

Salad Cream- Rapeseed oil, sugar, spirit vinegar, mustard flour, salt, modified maize starch, Glucose-Fructose Syrup, Pasterised Egg Yolk, Active Regulator (Acetic Acid), Stabiliser (Xantham Gum), Preservative (Potassium Sorbate), Colour (Riboflavin)

Mayonaise- Rapeseed Oil, Water, Sugar, Modified Maize Starch, Egg Yolk Powder, (Pasteurised Egg Yolk Powder, Salt, Maltodextrin), Stabiliser (Xantham Gum), Salt, Preservatives (Acetic Acid, Potassium Sorbate), Colour (Lutein)

BBQ Sauce

Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper,

Classic Dog



Celery



Gluten



Milk



Egg



Soya

Pork Sausage, Onions, Gherkins, Vinegar, Black Pepper, Brioche Buns, Wheat Flour, Butter, Milk, Sugar, Egg Powder, Skimmed Milk, Rapeseed Oil, Modified Starch, Palm Oil, Yeast, Tumeric

Chilli Dog



Celery



Gluten



Milk



Egg



Soya

Pork Sausage, Onions, Gherkins, Vinegar, Black Pepper, Brioche Buns, Wheat Flour, Butter, Milk, Sugar, Egg Powder, Skimmed Milk, Rapeseed Oil, Modified Starch, Palm Oil, Yeast, Tumeric, Tomato, Tomato Puree, Garlic Puree, Chilli Powder, Chilli Flakes, Kidney Beans, Jalapenos. May Contain Eggs

Bacon BBQ Chicken Bonanza



May Contain Gluten (Chips)



Milk (Mozzarella)



Egg (Coleslaw)

BBQ Sauce - Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper,

Chicken, Bacon, Mozzarella Cheese

Coleslaw - Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar, Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

Potato - All Our Chips Or Fries Are Fried In The Same Vegetable Oil And May Be Contaminated With Gluten And Other Allergens.

Summer Quiche (Vegetarian)



Gluten



Milk



Egg



May Contain Celery



May Contain Crustaceans, Fish and Molluscs



Mustard



Sulphur



Contains Nuts



May Contain Soya

Eggs, Wheat Flour, Courgette, Aubergine, Red Pepper, Cheddar Cheese, Milk, Onions, Rape Oil, Palm Oil, Full Fat Cream, Milk Powder, Maize Starch, Salt, Pepper.

Potato - All Our Chips Or Fries Are Fried In The Same Vegetable Oil And May Be Contaminated With Gluten And Other Allergens.

Beetroot Slaw - Beetroot, Sweet & Sour Sauce, Sugar, Water, Vinegar, White Wine Vinegar, Rapeseed Oil, Salt, Paprika, Carrots, Onion

Caramelised Onion Chutney - Onions, Sugar, Spirit Vinegar, Maize Starch, Salt, Ginger, Cinnamon, Nutmeg

Beetroot & Butternut Squash Wellington (Vegan) (Winter Garden)



Gluten



Soya



May Contain Nuts

Wheat Flour, Palm And Rapeseed Oil, Beetroot, Butternut Squash, Mushroom, Red Onion, Sugar, Modified Maize, Sultanas, Sunflower Oil, Soya, Soya Beans, Apple Extract, Salt, Golden Syrup, Parsley, Thyme, Coriander, Cassia, Ginger, Nutmeg, Fennel, Cloves, Cardamon.

(Winter Garden) (Vegan)



Gluten



Soya



May Contain Nuts

Wheat Flour, Palm And Rapeseed Oil, Beetroot, Butternut Squash, Mushroom, Red Onion, Sugar, Modified Maize, Sultanas, Sunflower Oil, Soya, Soya Beans, Apple Extract, Salt, Golden Syrup, Parsley, Thyme, Coriander, Cassia, Ginger, Nutmeg, Fennel, Cloves, Cardamon.

Vegetarian Sausage and Mash (Vegetarian)



Milk



Gluten



Soya



May Contain Nuts

Vegetarian Sausage (Oyster Mushrooms, Vegetable Oil, Coconut Oil, Sunflower Oil, Rapeseed Oil, Soya Protein, Pea Protein, Wheat, Barley, Starch, Oats, Beetroot, Lemon Extract, Salt),

Mash (British Potatoes, Whey Powder (Milk), Rapeseed Oil, Salt, (White Pepper)

Vegetarian Nuggets (Vegetarian)



Soya



Gluten



May Contain Celery



May Contain Egg



May Contain Mustard



May Contain Sesame



May Contain Nuts

Soya Protein, Water, Breadcrumbs (Wheat Flour, Rapeseed Oil, Yeast, Paprika, Salt), Sunflower Oil, Corn Starch, Vinegar, Citrus Fibre, Onion Powder, Garlic Powder,

Camembert, Fig and Onion Tart (Vegetarian)



Gluten



Mustard



Milk



Sulphur



Egg



Contains Nuts

Camembert, Fig and Onion Tart – Pastry (Wheat, Margarine, Palm Oil, Water, Salt), Camembert Cheese (Water, Milk, Butter, Milk Powder, Tapioca Starch, Salt, Margarine, Palm Oil, Maize Starch), Lemon Juice, Dijon Mustard (Mustard Seeds, Water, Spirit Vinegar, Salt), Fig Chutney (Figs, Onion, Red Wine Vinegar, Brown Sugar, Water, Maize Starch, Salt, Mustard Seeds, White Pepper & Ginger Powder), Linseed & Parsley Crumb (Bread Crumbs, Wheat, Wheat Flour, Yeast, Margarine, Palm Oil, Rapeseed Oil, Water, Linseeds & Parsley)

Chips - Potato - All Our Chips Or Fries Are Fried In The Same Vegetable Oil And May Be Contaminated With Gluten And Other Allergens.

Beetroot Slaw – Beetroot, Sweet & Sour Sauce, Sugar, Water, Vinegar, White Wine Vinegar, Rapeseed Oil, Salt, Paprika, Carrots, Onion

Apple & Fig Chutney – Figs, Apples, Onions, White Wine Vinegar, Sultanas, Cinnamon, Ginger Powder, Cayenne Pepper, Mustard Seeds, Cloves, Salt

Boston Sausage And Mash



Milk



Gluten



Soya

Pork, Breadcrumbs, Wheat, Salt Sage, Pepper Soya, British Potato, Whey Powder(Milk), Rapeseed Oil, Salt, White Pepper, Onions, Yeast, Tomato Puree, Palm Fat, Sunflower Oil, Sage.

Mashed Potato



Milk

British Potato, Whey Powder(Milk), Rapeseed Oil, Salt, White Pepper

Cottage Pie



Gluten



Milk



Soya

Beef Mince, Carrots, Peas, Gravy (Gluten, Soya), Mashed Potato (British Potato, Whey Powder(Milk), Rapeseed Oil, Salt, White Pepper)

Woodland Bake



Gluten



Milk

Mushrooms, Onions, Garlic, Stilton Sauce (Milk Cream, Stilton Cheese), Crumb (Flour, Butter), Herbs

Beef & Mushroom Stroganoff



Gluten



Milk



Mustard

Beef, Garlic, Onions, Mushrooms, Sauce (Beef Stock, Cream, Mustard)

Fajitas

We have 4 different options for Fajitas including – Chicken, Steak, A Mix Of Steak & Chicken and Vegetarian. All our Fajitas use the same spice ingredients and only vary in terms of the choice of meat or lack thereof.



Gluten



Mustard



Milk



Sulphur



Egg



May Contain Nuts

Cooking Oil – Vegetable Oil (ALL WRAPS FILLINGS ARE COOKED IN THIS OIL)

Fajita Mix – Garlic Powder, Sugar, Paprika, Salt, Dried Onion Powder, Coriander Seeds, Cayenne Pepper, Cinnamon, Oregano, Nutmeg, Lime Peel Powder, Lemon Peel Powder, Mustard, Flour

Wraps – Wheat Flour, Water, Vegetable Oil, Palm Oil, Rapeseed Oil, Sugar, Salt, Raising Agent.

Guacamole – Water, Tomatoes, Rapeseed Oil, Onion, Maize Starch, Avocados, Sour Cream (Milk, Lime Juice, Lemon Juice, Whey Powder, Sugar), Jalapeno Chili, Coriander, Egg Yolk, Salt, Dried Garlic, Citric Acid, Xantham Gum, Dried Red Peppers, Chlorophyl, Preservatives (Potassium Sorbate, Sodium Metabisulphite, Potassium Metabisulphite, Sulphur Dioxide, Ascorbic Acid)

Salsa – Water, Tomatoes, Tomato Paste, Tomato Juice, Onions, Jalapenos, Peppers, Sugar, Maize Starch, Salt, Red Pepper Flakes, Cayenne Pepper, Parsley, Preservatives (Acetic Acid, Citric Acid, Xantham Gum, Potassium Sorbate, Sodium Metabisulphite, Potassium Metabisulphite).

Sour Cream – Water, Soured Cream (Milk, Maize Starch, Double Cream, Xantham Gum, Lactic Acid, Potassium Sorbate).

Fillings:

Chicken	Steak	Chicken & Steak	Vegetarian
<u>Chicken</u>	<u>Steak</u>	<u>Chicken</u>	<u>Fajita Mix</u>
<u>Fajita Mix</u>	<u>Fajita Mix</u>	<u>Steak</u>	<u>Onions</u>
<u>Onions</u>	<u>Onions</u>	<u>Fajita Mix</u>	<u>Peppers (Red, Yellow & Green)</u>
<u>Peppers (Red, Yellow & Green)</u>	<u>Peppers (Red, Yellow & Green)</u>	<u>Onions</u>	<u>Mushrooms</u>
<u>Mushrooms</u>	<u>Mushrooms</u>	<u>Peppers (Red, Yellow & Green)</u>	
		<u>Mushrooms</u>	

Salad Bowls & Salad Sides

Sweet Chilli Chicken



Gluten (Crutons)



Egg (Boiled Egg)



Mustard

Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillies, Salt

Honey Glazed Ham



Gluten (Crutons)



Egg (Boiled Egg)



Mustard

Ham, Wheat Flour, Honey, Mustard

Feta Cheese (Vegetarian)



Milk



Gluten (Crutons)



Egg (Boiled Egg)



Mustard

Feta Cheese, Egg

Scampi Salad



Gluten (Scampi Batter & Croutons)



Egg (Boiled Egg)



Crustaceans



Fish



Molluscs



Mustard

Balsamic Salad



Sulphur

Salad, Balsamic Sauce- (Cooked Grape Must, Balsamic Vinegar {White Wine Vinegar (Sulphites), Cooked Grape Must, Concentrated Grape Must, Sulphite Ammonia Caramel}, White Wine Vinegar, Modified Maize Starch)

Bowl Of Fries

Potato All Our Chips Or Fries Are Fried In The Same Vegetable Oil And May Be Contaminated With Gluten And Other Allergens.

(Sysco) Potato, vegetable oils (sunflower oil, rapeseed oil), rice flour, salt, raising agents (disodium diphosphate, sodium hydrogen carbonate, dextrose, thickner (xantham gum), turmeric extract.

(Lutosa) Potatoes, Sunflower Oil, modified potato starch, rice flour, tapioca starch, salt, raising agents E450i-E500ii, thickener E415

Stack of Onion Rings



Gluten



May Contain Mustard



Sulphur



May Contain Soya

Stack of Onion Rings Gluten Sulphur May Contain Mustard, May contain Soya, Onion, Wheat Flour/starch, Malt, Barley, Cornstarch, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Beer, Sugar, Salt, Maltodextrin, Raising Agent (E500, E450), Stabiliser (E412, E415)



Coleslaw

Egg

Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar, Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion.

Ribs & Steaks, Sides & Sauces

Full Rack Of BBQ Ribs



Eggs



Gluten



May Contain Celery

Rork Rib, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper, Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

The Southern Feast



Egg



Celery



Gluten



Milk

Rork Rib, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper, Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion, Chicken, Beans, Tomato, Vinegar, Cornflour, Rice Extract,

10oz Gammon Steak



Egg

Gammon, Egg, Pineapple, Peas

8oz Sirloin Steak



Gluten



Egg



Milk

Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Steak, Mushroom, Tomato

Surf & Turf



Eggs



Crustaceans



Fish



Molluscs



Gluten



Mustard

Scampi Tails, Wheat Flour, Niacin, Thiamin, Wheat Flour, Salt, Maize Flour, Yeast.

Onion Rings. Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Steak, Tomato, Garden Peas

Steak Sides –

Onion Rings



Gluten



May Contain Mustard



Sulphur



May Contain Soya

Stack of Onion Rings Gluten Sulphur May Contain Mustard May contain Soya Onion, Wheat Flour/starch, Malt, Barley, Cornstarch, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Beer, Sugar, Salt, Maltodextrin, Raising Agent (E500, E450), Stabiliser (E412, E415)

Coleslaw



Egg.

Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar, Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

BBQ Beans

Baked Beans- Haricot Beans, Tomato, Maize Starch, Onion Powder, Paprika

Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper

Chips/Fries

Potato All Our Chips Or Fries Are Fried In The Same Vegetable Oil And May Be Contaminated With Gluten And Other Allergens.

Steak Sauces -

Peppercorn



Milk



Sulphur



Mustard



Gluten

Double Cream, Whiskey, Sugar Salt, Yeast, Onion Powder, Tomato Puree, Sunflower Oil, Peppercorns - Can Contain Mustard

Diane



Milk



Sulphur



Mustard



Gluten

Double Cream, Brandy, Djon Mustard, Sugar Salt, Yeast, Onion Powder, Tomato Puree, Sunflower Oil, Black Pepper,

Vesuvius



Milk



Sulphur



Mustard



Gluten

Double Cream, Brandy, Djon Mustard, Sugar Salt, Yeast, Onion Powder, Tomato Puree, Sunflower Oil, Black Pepper, Chilli, Chilli flakes

Blue Cheese and Mushroom



Milk



Gluten



Mustard



Sulphur

Double Cream, Sugar Salt, Yeast, Onion Powder, Tomato Puree, Sunflower Oil, Peppercorns, Blue Cheese, Mustard.

Burgers

Plain Cheese Burger



Gluten



Eggs



Milk



May Contain Mustard

Beef Burger, Brioche Bun, Wheat Flour, Milk, Caster Sugar, Rapeseed Oil, Maize, Yeast, Salt, Skimmed Milk Powder, Ground Tumeric.

Mozzarella Cheese, Palm Oil, Potato Starch

The Ranch Burger



Gluten



Eggs



Milk



Mustard

Beef Burger, Bacon, Brioche Bun, Wheat Flour, Milk, Caster Sugar, Rapeseed Oil, Maize, Yeast, Salt, Skimmed Milk Powder, Ground Tumeric.

Mozzarella Cheese, Palm Oil, Potato Starch

Burger Relish, Sugar, Gherkins, Tomato Paste, Vinegar, Bell Peppers, Cauliflower, Onion, Maize Starch, Mustard Seed, Garlic Powder, White Pepper,

Burger Sauce, Rapeseed Oil, Sugar, Pasteurised Egg Yolk Powder, Tomato Paste, Mustard Powder, Vinegar, Onion Powder, Paprika, Black Pepper.

Coleslaw, Rapeseed Oil, Spirit Vinegar, Potatostarch, Sugar, Salt Pasteurised Egg, Carrots, White Cabbage, White Onion

The Big Clucker



Gluten



Eggs



Milk



Mustard



Celery

Brioche Bun..Wheat Flour,Milk,Caster Sugar, Rapeseed Oil,Maize,Yeast,Salt,Skimmed Milk Powder,Ground Tumeric

, Onion,Wheat Flour,Malt,Barley,Corn,Sunflower Oil,Rice Flour,Yeast,Onion Powder,Maize Flour,White Pepper,Paprika Powder, Rapeseed Oil,Spirit Vinegar,Potato Starch,Sugar Salt Pasteurised Egg,Chicken

Burger Relish ,Sugar,Gherkins, Tomato Paste,Vinegar,Bell Peppers,Cauliflower,Onion,Maize Starch, Mustard Seed, Garlic Powder,White Pepper,

Burger Sauce,Rapeseed Oil,Sugar,Pasteurised Egg yolk Powder, Tomato Paste, Mustard Powder,Vinegar,Onion Powder,Paprika,Black Pepper.

Coleslaw. Rapeseed Oil,Spirit Vinegar,Potato Starch,Sugar Salt Pasteurised Egg,Carrots,White Cabbage,White Onion .

Mexican Burger



Gluten



Eggs



Milk



Mustard

Beef Burger,Bacon ,Brioche Bun..Wheat Flour,Milk,Caster Sugar, Rapeseed Oil,Maize,Yeast,Salt,Skimmed Milk Powder,Ground Tumeric .

Mozzarella Cheese,,Palm Oil,Potato Starch

Burger Relish ,Sugar,Gherkins, Tomato Paste,Vinegar,Bell Peppers,Cauliflower,Onion,Maize Starch, Mustard Seed, Garlic Powder,White Pepper,

Burger Sauce,Rapeseed Oil,Sugar,Pasteurised Egg yolk Powder, Tomato Paste, Mustard Powder,Vinegar,Onion Powder,Paprika,Black Pepper.

Coleslaw. Rapeseed Oil,Spirit Vinegar,Potato Starch,Sugar Salt Pasteurised Egg,Carrots,White Cabbage,White Onion ,Salsa,Jalapenos

Crispy Chicken Burger



Gluten



Milk



Egg



Celery

Brioche Bun..Wheat Flour,Milk,Caster Sugar, Rapeseed Oil,Maize,Yeast,Salt,Skimmed Milk Powder,Ground Tumeric, Monterey Jack Cheese,Milk,Non Animal Rennet , Coleslaw. Rapeseed Oil,Spirit Vinegar,Potato starch,Sugar Saltpasteurised Egg,Carrots,White Cabbage,White Onion .

Chicken Burger ,Wheat Flour,Maize Flour,Salt,Modified Maize Starch,Semolina,Pepper,Celery,Sunflower Oil

Red Onions,Vinegar, ,Black Pepper,Brioche Buns,Wheat Flour,Butter,Milk,Sugar,Egg Powder,Skimmed Milk,Rapeseed Oil,Modified Starch,palm Oil,Yeast,Tumeric

The Caribbean Burger



Gluten



Milk



Egg



Celery



May Contain Both Peanuts, Treenuts and Other Nuts

Brioche Bun..Wheat Flour,Milk,Caster Sugar, Rapeseed Oil,Maize,Yeast,Salt,Skimmed Milk Powder,Ground Tumeric, Monterey Jack Cheese,Milk,Non Animal Rennet , Coleslaw. Rapeseed Oil,Spirit Vinegar,Potato starch,Sugar Saltpasteurised Egg,Carrots,White Cabbage,White Onion .

Chicken Burger ,Wheat Flour,Maize Flour,Salt,Modified Maize Starch,Semolina,Pepper,Celery,Sunflower Oil

Water, Sugar, Barley, Malt Vinegar, Tomato Paste, Onion Puree, Modified Maize Starch, Red Scotch Bonnet Puree, Acetic Acid, Garlic Puree, Ginger Puree, Ground All Spice, Spring Onions, Ground Black Pepper, Paprika, Ground Coriander, Cinnamon, Nutmeg, Basil, Thyme

The Bangkok Burger (Spicy + Vegetarian)



Gluten



Egg



Soya



Milk



May Contain Both Peanuts, Treenuts and Other Nuts

Chickpeas, Water, Red Peppers, Sweetcorn, Potatoes, Carrot, Breadcrumbs, Yeast, Salt, Soya Beans, Wheat Flour, Maize Starch, Onions, Green Thai Curry Paste (Chillies, Lemongrass, Salt, Garlic, Onions, Galangal, Makrood, Parsley, Fennel, Pepper, Tumeric), Rapeseed Oil, Rice Flour, Red Lentils, Corriander, Lime Leaves, Sugar, Ginger, Black Onion Seeds, Cumin.

Red Onions, Vinegar, Black Pepper, Brioche Buns, Wheat Flour, Butter, Milk, Sugar, Egg Powder, Skimmed Milk, Rapeseed Oil, Modified Starch, Palm Oil, Yeast, Tumeric

Sugar, Tomatoes, Red Peppers, Red Wine Vinegar, Tomato Paste, Chilli Paste, Pectin, Ginger Puree, Garlic Puree, Sea Salt, Lemon Juice

Rapeseed Oil, Water, Spirit Vinegar, Potato Starch, Xantham Gum, Sugar, Salt, Egg (Mayonaise)

The Pulled Pork Deluxe



Gluten



Eggs



Milk



May Contain Mustard

Brioche Bun, Wheat Flour, Milk, Caster Sugar, Rapeseed Oil, Maize, Yeast, Salt, Skimmed Milk Powder, Ground Tumeric

Pulled Pork – Pork & BBQ Sauce (Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper)

Potato - All Our Chips Or Fries Are Fried In The Same Vegetable Oil And May Be Contaminated With Gluten And Other Allergens.

Coleslaw – Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar, Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

A Taste Of Italy (Pastas)

Parmesan Cheese



Milk, Salt, Rennet

Spaghetti Bolognese



Celery



Gluten



Eggs



Soya



Milk

Beef Mince ,Onion, Garlic, Celery, Onion Powder , Tomatos, Tomato Puree, Corn Flour, Salt ,Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano, Black Pepper Durum Wheat Semolina Pasta, May Contain Egg, Soya And, Palm Oil ,

Chicken Carbonara



Milk



Sulphur



Gluten

Chicken Breast ,Onion, Garlic, Double Cream, White Wine ,Mushrooms, Sugar, Salt, Tomato Puree ,Garlic Puree, Sunflower Oil And Sage ,Bacon Lardons

Tomato, Basil And Chicken



Gluten



Milk

Chicken, Water, Tomatoes, Tomato Paste, Onions, Sugar, Corn Starch, Basil, Sunflower Oil, Natural Basil Flavouring, Garlic, Lemon Juice Concentrate, Salt

Spicy Pepper Rigatoni Pasta (Vegetarian)



Gluten



Milk

Water, Tomatoes, Tomato Paste, Onions, Sugar, Corn Starch, Basil, Sunflower Oil, Natural Basil Flavouring, Garlic, Lemon Juice Concentrate, Salt

Red, Yellow And Green Peppers

Fajita Mix – Paprika, Salt, Ground Cumin, Onion Powder, Garlic Powder, Ground Black Pepper, Chilli Flakes, Oregano, Ground White Pepper, Ground Chillies, Acid (Citric Acid)

Mature Cheddar Mac N Cheese



Gluten



Milk



Mustard



May Contain Celery



May Contain Eggs



May Contain Soya



May Contain Lupin

Maccaroni- Durum Wheat Semolina

Cheese Sauce- Cheese Powder (cheddar cheese (milk)), cheese (milk), Whey Solids (milk), Wheat Flour, Skimmed Milk Powder, Maltodextrin, Palm Fat, Modified Starch, salt, Sweetcorn Powder, Spices (Mustard Flour, Turmeric), Flavourings, Sugar, Yeast Extract, Anti-caking Agent (silicon dioxide), Starch

Mature Cheddar (Milk)

Salt, Pepper, bacon, red onions

Pizzas

Home Made Dough Base



Gluten

Wheat Flour, Vegan Yeast, Olive Oil, Sugar, Salt.

All The Pizzas Have The Same Dough Base So The Other Ingredients Are Listed

BBQ Bases & Tomato Bases Have Been Listed.

Bbq Base, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper

Tomato Base Sauce,  Celery, Tomato, Sugar, Salt Vinegar Spices,

Thyme, Basil, Mint, Olive Oil, Modified Corn Starch, Onion Powder.



Mozzarella Cheese, Milk (Mozzarella Milk)

Mozzarella Cheese, Palm Oil, Potato Starch

Dough, Tomato Base, Garlic, Olive Oil, Oregano, Mozzarella Cheese

Vegan Tomato Garlic Bread  Gluten,  Celery (Vegan)

Dough, Tomato Base, Garlic Oil, Olive Oil, Oregano

Vegan Cheese & Tomato Bread  Gluten,  Celery, (Vegan)

Dough, Tomato Base, Garlic, Olive Oil, Vegan Cheese, Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract, Oregano

Margherita Oregano  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Oregano, Mozzarella Cheese

The Jackson  Gluten,  Celery,  Milk (Mozzarella Milk), Dough, Tomato Base, Ham, Oregano, Mozzarella Cheese, BBQ Sauce (Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper)

Prosciutto Funghi (Ham & Mushroom)  Gluten,  Celery,  Milk (Mozzarella Milk), Dough, Tomato Base, Ham, Mushrooms, Oregano, Mozzarella Cheese

Hawaiian  Gluten  Celery  Milk (Mozzarella Milk)

Dough, Tomato Base, Mozzarella Cheese, Pineapple, Oregano

Pepperoni  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano, Pork, Pork Fat, Salt, Garlic Powder.

Chicken & Sweetcorn  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano
Chicken, Sweetcorn

BBQ Chicken  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano.
BBQ Base, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper. Chicken, Sweetcorn, Red Onion.

Bolognese Bliss  Gluten  Celery  Milk (Mozzarella Milk)  Sulphur
Dough, Tomato Base, Mozzarella Cheese, Oregano, Garlic
Beef Mince, Onion, Garlic, Celery, Onion Powder, Tomatoes, Tomato Puree, Corn Flour, Salt, Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano, Black Pepper.

Meat Feast  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano
Pepperoni, Pork, Pork Fat, Salt, Garlic Powder.
Ham, Ham, Pork, Sugar Syrup, Modified Starch, Smoke Flavour, Yeast Extract, Spice Extract
Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garlic, Dried Onions, Herbs

Chicken (An Extra For An Extra £1)

<u>Hot & Spicy.</u>		Gluten		Celery		Milk (Mozzarella Milk)
Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garlic, Dried Onions, Herbs						
Dough, Tomato Base, Mozzarella Cheese, Oregano, Jalapeno, Chillis, Mixed Peppers,						
<u>Americano.</u> 						
Gluten		Celery		Milk (Mozzarella Milk)		
BBQ Base, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper, Chicken, Red Onion, Pepperoni						
<u>Becks Banger.</u>		Gluten		Celery		Milk (Mozzarella Milk)
	Soya					
Dough, Tomato Base, Mozzarella Cheese, Oregano						
Pepperoni Pork, Pork Fat, Salt, Garlic Powder						
Ham, Pork, Sugar Syrup, Modified Starch, Smoke Flavour, Yeast Extract, Spice Extract						
Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garlic, Dried Onions, Herbs						
Sliced Hot Dog, Turkey, Chicken, Soya, Spices, Celery, Milk, Smoke Flavour						
Red Onion, Mixed Peppers						
<u>Mega Donner</u>		Gluten		Celery		Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano						
Onion, Mixed Peppers, Garlic Powder.						
Cooked Chicken, Salt, Tandoori Spices, Gluten, Herbs, Yogurt, Milk Powder, Rice						
Starch, Sunflower Oil, Beetroot, Tomato						
Mixed Peppers, Red Onion						
<u>The Spicy Honey Baby</u>		Gluten		Celery		Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano, Pepperoni (Pork, Pork Fat, Salt, Garlic Powder), Honey, Chilli Powder, Chilli Flakes						
<u>Sweet Chilli Chicken</u>		Gluten		Celery		Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano,						
Chicken, Mixed Peppers, Red Onion,						
Sweet Chilli Glaze - Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillis, Salt						

Vegas Showgirl  Gluten  Celery  Milk (Mozzarella Milk)

Dough, Tomato Base, Mozzarella Cheese, Oregano, Salt
Chicken, Pineapple, Jalapenos, Chillies, Hot Honey Drizzle (Chilli Powder, Chilli Flakes)

American Hot  Gluten  Celery  Milk (Mozzarella Milk)

Dough, Tomato Base, Mozzarella Cheese, Oregano, Salt
Pepperoni Pork, Pork Fat, Salt, Garlic Powder.
Red Onions, Jalapenos, Gherkins,

Miss Piggy  Gluten  Celery  Milk (Mozzarella Milk)

Dough, Mozzarella Cheese, Oregano, Salt

BBQ Base, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper, Pulled Pork

Pepperoni Pork, Pork Fat, Salt, Garlic Powder.

Red Onion

Vegetarian Deluxe  Gluten,  Celery,  Milk (Mozzarella Milk) (Vegetarian)

Dough, Tomato Base, Mozzarella Cheese, Oregano
Onion, Mixed Peppers, Mushrooms, Sweetcorn.

Veggie Heatwave  Gluten,  Celery,  Milk (Mozzarella Milk), (Vegetarian)

Dough, Tomato Base, Mozzarella Cheese, Oregano, Mushrooms, Red Onion, Sweetcorn, Mixed Peppers, Jalapenos, Fresh Chillies

Vegetable and Vegaroni  Gluten,  Celery, (Vegan)

Dough, Vegan Yeast, Tomato Base, Vegan Cheese (Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract), Oregano,

Mixed Peppers

Red Onion

Vegan Pepperoni (Water, Sunflower Oil, Pea Protein, Carrageenan, Konjac Gum, Faba Bean Protein, Starch, Flax Seed Flour, Glucose Syrup, Salt, Onion, Smoked Paprika, Beetroot, Lactic Acid, Citric Acid, Garlic Powder, Yeast Extract, Onion Powder, Smoked Salt, Maltodextrin).

The Plant-Powered Pizza  Gluten,  Celery, (Vegan)

Dough, Vegan Yeast, Tomato Base, Vegan Cheese (Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract), Oregano, Mushrooms, Red Onion, Sweetcorn, Mixed Peppers

Vegan Volcano  Gluten  Celery, (Vegan)

Dough, Vegan Yeast, Tomato Base, Vegan Cheese (Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract), Oregano, Mushrooms, Red Onion, Sweetcorn, Mixed Peppers, Jalapenos, Fresh Chillies

Vegan Spicy Supreme  Gluten  Celery (Vegan)

Dough, Tomato Base, Vegan Yeast

Vegan Cheese, Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract, Oregano, Onion, Mixed Peppers, Mushrooms, Sweetcorn, Chillies, Jalapenos

Vegan Margherita  Gluten  Celery (Vegan)

Dough, Tomato Base, Vegan Yeast

Vegan Cheese, Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract, Oregano,

A Bit On The Side

Asian Style Chicken Strips



Gluten



Eggs



Milk



Mustard



Celery



May Contain Soy/Soya

Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillies, Salt

Vinegar, Potato Starch, Sugar Salt, Pasteurised Egg, Chicken, Chillies

BBQ Southern Fried Chicken Strips



Gluten



Eggs



Milk



Mustard



Celery

Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillies, Salt

Vinegar, Potatostarch, Sugar Salt, Pasteurised Egg, Chicken.

Onions, Gherkins, Vinegar, BBQ Sauce .. Tomato Puree, Molasses, Salt, Maize Starch, Onion Powder, Smoke Flavouring, Black Pepper, Chicken

Mozzarella Dippers (Vegetarian)



Milk



Gluten

Mozzarella, Milk, Wheat Flour, Rice Flour, Salt, Dried Parsley, Yeast, Paprika Extract, Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillies, Salt

Onion Ring Stack (Vegetarian)



Gluten



Eggs

Onion,Wheat Flour,Malt,Barley,Corn,Sunflower Oil,Rice Flour,Yeast,Onion Powder,Maize Flour,White Pepper,Paprika Powder,

,BBQ Sauce ..Tomato Puree,Molasses,Salt,Maize Starch,Onion Powder,Smoke Fl Rapeseed Oil,Pasteurised Egg Yolk,Vinegar,Sugar,Salt,Dried Garlic

Avouring,Black Pepper

Mac And Cheese Bites



Gluten



Milk

Pasta,Duram Wheat,Semolina,Extra Mature Cheddar Cheese,Yeast.

BBQ Sauce

Tomato Puree,Sugar Syrup,Spirit Vinegar,Molasses,Salt,Modified Maize,Onion Powder,Smoke Flavouring,Black Pepper,

Sweet Chilli Sauce



May Contain Gluten

Fructose Syrup,Vinegar,Modified Starch,Garlic Puree,Chillis,Salt

Vegetarian Nuggets (Vegetarian)



Soya



Gluten



May Contain Celery



May Contain Egg



May Contain Mustard



May Contain Sesame



May Contain Nuts

Soya Protein, Water, Breadcrumbs (Wheat Flour, Rapeseed Oil, Yeast, Paprika, Salt), Sunflower Oil, Corn Starch, Vinegar, Citrus Fibre, Onion Powder, Garlic Powder,

Cod Goujons



Eggs



Crustaceans



Fish



Molluscs



Gluten



May Contain Soya

Fish, Water, Wheat, Rapeseed Oil, Salt, Maize Starch, Wheat Starch, Raising Agent, Yeast Extract, Xanthan Gum, Sunflower Oil.

Lemon Mayo Dip - Rapeseed Oil, Pasteurised Egg Yolk, Vinegar, Sugar, Salt, Dried Garlic, Lemon Juice, Lemon Zest

Panko Calamari Rings



Eggs



Crustaceans



Fish



Molluscs



Gluten



May Contain Soya

Squid, Molluscs, Breadcrumb, Wheat Flour, Rice Bran Oil, Sugar, Salt, Butter, Water, Garlic, Raising Agent, Pepper, Salt, Yeast

Tartare Sauce - Rapeseed Oil, Spirit Vinegar, Sugar, Gherkins, Capers, Modified Starch, Egg Yolk Powder

Firecracker Chicken Wings



Gluten



May Contain Mustard



Sulphur



May Contain Soya

Chicken Wings - Wheat, Flour, Potato Starch, Rapeseed Oil, Sunflower Oil, Wheat Starch, Sugar, Rice Starch, Maltodextrin, Spices, Raising Agents, Maize Starch, Rice Flour, Oregano, Salt, Pea Fibre, Oat Fibre, Citrus Fibre, Colour (Paprika Extract), Pea Starch, Onion Powder, Wheat, Salt, Glucose Syrup, Yeast Extract, Spices (Paprika, Rosemary, Oregano, Pepper).

Buffalo Sauce - Water, Cayenne, Pepper, Spirit Vinegar, Salt, Rapeseed Oil, Modified Maize Starch, Acetic Acid, Stabiliser, Xanthan Gum, Paprika, Potassium Sorbate, Garlic Powder

Plain Chicken Wings

Plain Chicken Wings, Salad

BBQ Sauce (Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper)

Bowl of Chips

(Lutosa) Potatoes, Sunflower Oil

Succulent Skillets

Indian Tandoori Chicken



Milk



May Contain Gluten



May Contain Soya



May Contain Mustard



May Contain Nuts



May Contain Celery

Chicken, Tandoori Paste (Water, Ginger Puree, Ground Spices (Coriander, cumin, paprika, spices), Salt, Tamarind, Garlic Powder, Acetic Acid, Lactic Acid, E163, E122, E129), Onions, Mixed Peppers, Milk.

Salt & Pepper Sticky Chicken



Gluten



Milk



Soya



May Contain Nuts



May Contain Sesame

Chicken coated in flour, Tamarind Sauce- (Water, Sugar, Tamarind, Modified Maize Starch, Cumin Powder, Acidity Regulator: Acetic Acid, Ground Fennel, Chilli Powder, Coriander Powder, Colour: Plain Caramel), Hoison Sauce - (Water, Sugar, Soybean Paste {water, soya beans, rice, salt}, Garlic Puree, Modified Maize Starch, Colour {Plain Caramel}, White Rice Vinegar, Spice Blend [Fennel, Black Pepper, Cinnamon Cloves, Cumin, Star Anise}, Red Chilli Paste {Red Chilli Peppers, Salt, Citric Acid}, Yeast Extract Paste {Yeast Extract, Salt}, Salt, Citric Acid), Honey, Peppers, Onions

Salt & Pepper Sticky Beef



Gluten



Milk



Soya



May Contain Nuts



May Contain Sesame

Beef coated in flour, Tamarind Sauce- (Water, Sugar, Tamarind, Modified Maize Starch, Cumin Powder, Acidity Regulator: Acetic Acid, Ground Fennel, Chilli Powder, Coriander Powder, Colour: Plain Caramel), Hoison Sauce – (Water, Sugar, Soybean Paste {water, soya beans, rice, salt}, Garlic Puree, Modified Maize Starch, Colour {Plain Caramel}, White Rice Vinegar, Spice Blend [Fennel, Black Pepper, Cinnamon Cloves, Cumin, Star Anise}, Red Chilli Paste {Red Chilli Peppers, Salt, Citric Acid}, Yeast Extract Paste {Yeast Extract, Salt}, Salt, Citric Acid), Honey, Peppers, Onions

Gunpowder Chicken



Gluten



Milk



Celery



May Contain Soya



May Contain

Mustard



May Contain Sulphur



May Contain Eggs



May Contain Fish

Chicken, Onions, Peppers, Southern Fried Batter Mix (Wheat Flour, Salt, Spices {inc. Celery}, Flavourings, Whey Powder, Garlic Powder, Onion Powder), Chilli Powder

Caribbean King Prawns



Gluten



Crustaceans



May Contain Nuts

King Prawns, Reggae Sauce (Water, Sugar, Barley, Malt Vinegar, Tomato Paste, Onion Puree, Modified Maize Starch, Red Scotch Bonnet Puree, Acetic Acid, Garlic Puree, Ginger Puree, Ground All Spice, Spring Onions, Ground Black Pepper, Paprika, Ground Coriander, Cinnamon, Nutmeg, Basil, Thyme), Peppers, Onions

Loaded Fries & Nachos

Red Onion Rodeo Fries



Gluten



Milk

Bacon Pieces, Mozzarella Cheese, Onion

BBQ Sauce, Tomato Puree, Molasses, Salt, Maize Starch, Onion Powder, Smoke Flavouring,

Inferno Fries



Gluten



Milk

Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garlic, Dried Onions, Herbs

Sweet Chilli Sauce, Vinegar, Garlic Puree, Chillis

Smokey Southern Fries



Gluten



Milk

Pulled Pork, BBQ Sauce, Tomato Puree, Molasses, Salt, Maize Starch, Onion Powder, Smoke Flavouring, Mozzarella Cheese, Onion, Jalapenos

Inferno Nachos



Gluten



Milk

Nachos, Maize Flour, Sunflower Oil, Salt, May Contain Milk

Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garlic, Dried Onions, Herbs

Sweet Chilli Sauce, Vinegar, Garlic Puree, Chillis, Mozzarella Cheese

Texan Nachos



Gluten



Milk

Nachos. Maize Flour, Sunflower Oil, Salt, May Contain Milk

Pulled Pork, Wheat Flour, Salt Yeast, Dried Garlic, Dried Onions, Herbs
Sweet Chilli Sauce, Vinegar, Garlic Puree, Chillis, Mozzarella Cheese

Chilli Con Carne



Soya



Celery



Gluten



Milk

Beef Mince, Onion, Garlic, Celery, Onion Powder, Tomatos, Tomato Puree, Corn Flour, Salt, Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano, Black Pepper, Kidney Beans, Jalapenos, Chilli, Chilli Flakes, Garlic Powder.

Plain Nachos With Cheese



Gluten



Milk

Plain Nachos, Mozzarella Cheese

Kids Meals

Chicken Nuggets



Celery



Gluten

Chicken Breast, Wheat Flour, Maize Flour, Pepper, Celery, Yeast Extract, Sunflower Oil

Baked Beans .Haricot Beans,Tomato,Maize Starch.Onion Powder,Paprika
Chips,Potato

Sausage *[Please Note The Kids Sausages Are Separate To Our Other Sausages & Thus Allergies/Ingredients Will Differ]*



Soya



Gluten



Sulphur

Pork,Rusk,Wheat Flour,Soya Beans

Baked Beans .Haricot Beans,Tomato,Maize Starch.Onion Powder,Paprika
Chips,Potato

Sausage Mash *[Please Note The Kids Sausages Are Separate To Our Other Sausages & Thus Allergies/Ingredients Will Differ]*



Milk



Soya



Gluten



Sulphur

British Potato,Whey Powder(Milk) Rapeseed Oil,Salt White Pepper Pork,Rusk,Wheat Flour,Soya Beans

Fishcake



Fish



Crustaceans



Molluscs



Milk



Mustard



Gluten

White Fish,Wheat Flour,Sunflower Oil,Rapeseed Oil,Palm Oil,Parsley,Tumeric,Milk,Mustard, British Potao,Whey Powder(Milk) Rapeseed Oil,Salt White Pepper Baked Beans .Haricot Beans, Tomato, Maize Starch, Onion Powder, Paprika Chips, Potato

Spag Bol  Celery  Gluten  Eggs  Soya

Beef Mince ,Onion, Garlic, Celery, Onion Powder .Tomatos, Tomato Puree, Corn Flour, Salt ,Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano, Black Pepper Durum Wheat Semolina Pasta, May Contain Egg, Soya And. Palm Oil ,

Vegtarian Nuggets (Kids)



Soya



Gluten



May Contain Celery



May Contain Egg



May Contain Mustard



May Contain Sesame

Soya Protein, Water, Breadcrumbs (Wheat Flour, Rapeseed Oil, Yeast, Paprika, Salt), Sunflower Oil, Corn Starch, Vinegar, Citrus Fibre, Onion Powder, Garlic Powder,

Sauces

Sweet Chilli Jam

Sugar, Tomatoes, Red Peppers, Red Wine Vinegar, Tomato Paste, Chilli Paste, Pectin, Ginger Puree, Garlic Puree, Sea Salt, Lemon Juice

Sweet Chilli Sauce



May Contain Gluten

Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillis, Salt

BBQ Sauce

Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper,

Reggae Reggae Jerk Sauce



Gluten



May Contain Both Peanuts, Tree Nuts And Other Nuts

Water, Sugar, Barley, Malt Vinegar, Tomato Paste, Onion Puree, Modified Maize Starch, Red Scotch Bonnet Puree, Acetic Acid, Garlic Puree, Ginger Puree, Ground All Spice, Spring Onions, Ground Black Pepper, Paprika, Ground Coriander, Cinnamon, Nutmeg, Basil, Thyme

Garlic Mayo



Eggs

Rapeseed Oil, Pasteurised Egg Yolk, Vinegar, Sugar, Salt, Dried Garlic

Coleslaw



Egg

Rapeseed Oil, Spirit Vinegar, Potatostarch, Sugar, Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

Buffalo Sauce

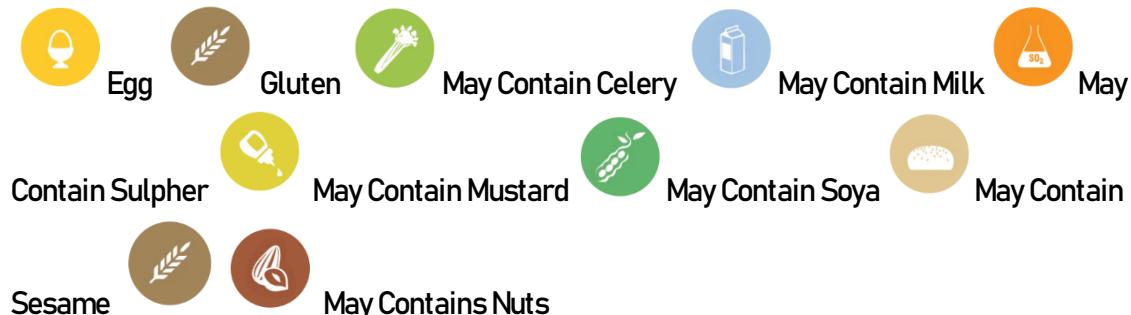
Water, Cayenne, Pepper, Spirit Vinegar, Salt, Rapeseed Oil, Modified Maize Starch, Acetic Acid, Stabiliser, Xanthan Gum, Paprika, Potassium Sorbate, Garlic Powder

Beetroot Slaw

Beetroot, Sweet & Sour Sauce (Sugar, Water, Spirit Vinegar, White Wine Vinegar, Rapeseed Oil, Salt, Perservatives, Paprika Extract), Carrot, Onion

Grill Night (Every Wednesday 4pm Onwards)

Full Rack Of Baby Back Ribs



Rork Rib, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper, Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

Half A Rack Of Ribs



Rork Rib, Smoked Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper, Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

Rib Combo Platter



Egg



Celery



Gluten



Milk



Mustard



Soya



Fish



Sulphur

Ribs & BBQ Sauce- Rork Rib, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper, Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

Southern Fried Chicken- Chicken strips, Salt, Spices (Black Pepper, Mustard Seeds, Celery) Acid (E330), Flavour Enhancer (E621), Dried Red Bell Pepper, Dried Onion, Dried Garlic, Lemon Juice Powder, Wheat Flour, Whey Powder, Garlic Powder, Onion Powder

BBQ Beans- Baked Beans- Haricot Beans, Tomato, Maize Starch, Onion Powder, Paprika

Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper

Chicken Waffle Stack



Mustard



Celery



Gluten



Soya



May Contain Milk



Egg

Southern Fried Chicken- Chicken strips, Salt, Spices (Black Pepper, Mustard Seeds, Celery) Acid (E330), Flavour Enhancer (E621), Dried Red Bell Pepper, Dried Onion, Dried Garlic, Lemon Juice Powder, Wheat Flour, Whey Powder, Garlic Powder, Onion Powder

Sesame Seeds- Sesame Seeds

Waffles- Wheat Flour, Sugar, Margarine (vegetable oils and fats (palm and rapeseed), water, emulsifiers: Soya lecithin, mono and diglycerides of fatty acids, salt, acidity regulator: citric acid, natural flavourings, colour: beta-carotene), Eggs, yeast, invert sugar syrup, stabiliser: sorbitol, Soya flour, salt. (May Contain Traces of Milk)

Chilli Flakes & Spring Onions.

Steak & Cajun King Prawns



Gluten

Steak- Sirloin Steak

Batter- Wheat Flour, Raising Agents (Diphosphates, Sodium Bicarbonate), Salt, Colours Carotenes, Annatto Norbixin)

Cajun Seasoning (Salt, Paprika, Chilli Powder, Onion Powder, Cumin, Garlic Powder, Black Pepper, White Pepper, Oregano, Thyme, Acid (Citric Acid))

Pulled Pork & Apple Sauce Burger



Milk



Gluten



Egg

Pulled Pork- Pork

Brioche Bun- Wheat Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Water, Sugar, Yeast, Glaze (Water, Vegetable Protein [Pea Protein, Potato Protein], Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Butter (Milk) (1.5%), Salt, Free Range Pasteurised Whole Egg, Free Range Pasteurised Egg White, Dextrose, Emulsifier (Mono- and Di-Acetyltauric Esters of Mono- and Di-Glycerides of Fatty Acids), Dried Skimmed Milk, Colour (Beta-Carotene), Flour Treatment Agent (Ascorbic Acid), Rapeseed Oil

BBQ Sauce- Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper

Apple Sauce- Water, Bramley Apples, Sugar, Maize Starch, Antioxidant (Ascorbic Acid), Preservative (Potassium Sorbate)

Crispy Chicken Stack



Celery



Gluten

Southern Fried Chicken- Chicken strips, Salt, Spices (Black Pepper, Mustard Seeds, Celery) Acid (E330), Flavour Enhancer (E621), Dried Red Bell Pepper, Dried Onion, Dried Garlic, Lemon Juice Powder, Wheat Flour, Whey Powder, Garlic Powder, Onion Powder

Nando's Style Lemon & Herb Piri Piri Sauce

Water, Glucose-Fructose Syrup, Rapeseed Oil, White Wine Vinegar, Onion Puree, Salt, Acidity Regulator (Acetic Acid), Garlic Puree, Citric Acid, Lemon Comminute, Modified Potato Starch, Cayenne chilli, Parsley, Paprika, Dried Garlic, Dried Onion, Preservative (Potassium Sorbate), Stabiliser (Xantham Gum), Birds Eye Chilli, Colour (Paprika Extract)

BBQ Beans

Baked Beans- Haricot Beans, Tomato, Maize Starch, Onion Powder, Paprika

Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper

Corn On The Cob



Milk

Corn, Butter (Milk), Salt

Bowl of Fries

Potato .All Our Chips Or Fries Are Fried In The Same Vegatable Oil And May Be Contaminated With Gluten And Other Allergens.

(Sysco) Potato, vegetable oils (sunflower oil, rapeseed oil), rice flour, salt, raising agents (disodium diphosphate, sodium hydrogen carbonate, dextrose, thickner (xantham gum), turmeric extract.

(Lutosa) Potatoes, Sunflower Oil, modified potato starch, rice flour, tapioca starch, salt, raising agents E450i-E500ii, thickener E415

Hot Honey Drizzle

Honey, Chilli Extract

Buffalo Chicken Wings

Plain-Chicken (99%), Salt, Stabiliser: Triphosphates

Buffalo Sauce- Water, Cayenne, Pepper, Spirit Vinegar, Salt, Rapeseed Oil, Modified Maize Starch, Acetic Acid, Stabiliser, Xanthan Gum, Paprika, Potassium Sorbate, Garlic Powder

Mac N Cheese Bake



Gluten



Milk



Mustard



Contain Nuts



May Contain Celery



May Contain Soya



May Contain Egg

Maccaroni- Durum Wheat Semolina

Cheese Sauce- Cheese Powder (cheddar cheese (milk)), cheese (milk), Whey Solids (milk), Wheat Flour, Skimmed Milk Powder, Maltodextrin, Palm Fat, Modified Starch, salt, Sweetcorn Powder, Spices (Mustard Flour, Turmeric), Flavourings, Sugar, Yeast Extract, Anti-caking Agent (silicon dioxide), Starch

Mature Cheddar (Milk)

Salt, Pepper

Coleslaw



Egg



Mustard

Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar, Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

Salad Cream- Rapeseed oil, sugar, spirit vinegar, mustard flour, salt, modified maize starch, Glucose-Fructose Syrup, Pasterised Egg Yolk, Active Regulator (Acetic Acid), Stabiliser (Xantham Gum), Preservative (Potassium Sorbate), Colour (Riboflavin)

Mayonaise- Rapeseed Oil, Water, Sugar, Modified Maize Starch, Egg Yolk Powder, (Pasteurised Egg Yolk Powder, Salt, Maltodextrin), Stabiliser (Xantham Gum), Salt, Preservatives (Acetic Acid, Potassium Sorbate), Colour (Lutein)

Jalapeno Coleslaw



Egg



Mustard

Jalepnos

Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar, Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

Salad Cream- Rapeseed oil, sugar, spirit vinegar, mustard flour, salt, modified maize starch, Glucose-Fructose Syrup, Pasterised Egg Yolk, Active Regulator (Acetic Acid), Stabiliser (Xantham Gum), Preservative (Potassium Sorbate), Colour (Riboflavin)

Mayonaise- Rapeseed Oil, Water, Sugar, Modified Maize Starch, Egg Yolk Powder, (Pasteurised Egg Yolk Powder, Salt, Maltodextrin), Stabiliser (Xantham Gum), Salt, Preservatives (Acetic Acid, Potassium Sorbate), Colour (Lutein)

Steak Sauces:

<h3><u>Steak Sauces:</u></h3>			
Peppercorn		 Milk	 Sulphur
 Gluten		 Mustard	
Double Cream, Whiskey, Sugar Salt ,Yeast, Onion Powder, Tomato Puree, Sunflower Oil, Peppercorns - Can Contain Mustard			
Diane		 Milk	 Sulphur
 Gluten		 Mustard	
Double Cream, Brandy ,Djon Mustard, Sugar Salt ,Yeast, Onion Powder, Tomato Puree, Sunflower Oil, Black Pepper,			
Vesuvius		 Milk	 Sulphur
 Gluten		 Mustard	
Double Cream, Brandy, Djon Mustard, Sugar Salt ,Yeast, Onion Powder, Tomato Puree, Sunflower Oil, Black Pepper, Chilli, Chilli flakes			

Blue Cheese & Mushroom



Milk



Gluten



Mustard



Sulphur

Double Cream, ,Sugar Salt ,Yeast, Onion Powder, Tomato Puree, Sunflower Oil, Peppercorns .Blue Cheese, Mustard.

Buffalo

Water, Cayenne, Pepper, Spirit Vinegar, Salt, Rapeseed Oil, Modified Maize Starch, Acetic Acid, Stabiliser, Xanthan Gum, Paprika, Potassium Sorbate, Garlic Powder

Garlic Butter



Milk

Garlic, Butter (Milk), Salt, Parsley

French Mustard



Sulphur



Gluten



Mustard

Water, Mustard Flour, Spirit Vinegar, Wheat Flour, Salt, Sugar, Caramelised Sugar Syrup, Mustard Bran, Colour (Sulphite Ammonia Caramel), Cloves, Pimento, Chilli Blend (Dried Chilli, Cumin, Dried Garlic, Dried Oregano, Salt), Natural Flavouring.

Curry Night (Every Thursday Night 4pm Onwards)

Chicken Korma (GF)



Milk



Mustard



Nuts



Peanuts

Sugar, Desiccated Coconut, Cream, Milk, Rapeseed Oil, Maize Starch, Tomato Puree, Spices, Ginger Puree, Garlic Puree, Dried Onions, Salt, Lemon Juice, Coriander, May Contain Mustard, Nuts And Peanuts.

Pilau Rice



Celery & Celeriac



Mustard

Basmati Rice, Garam Masala, Ginger, Cloves, Peppers, Cumin, Nutmeg, Pimento, Fennel, Cardamom, Sunflower Oil, Turmeric Extract, Paprika, Mustard Seeds, Sugar, Onion, Celery, Celeriac, Garlic.

Naan Bread



Gluten, Wheat Flour, Rapeseed Oil, Yeast, Kalonji Seeds.

Mango Chutney

Sugar, Salt, Mango, Ground Chillies, Ground Ginger

Yogurt Dip



Milk

Yogurt, Mint, Sugar Lemon

Chicken Tika Masala (GF)



Milk



Mustard



Nuts



Peanuts

Tomatoes, Yogurt, Milk, Rapeseed Oil, Single Cream, Modified Maize Starch, Dried Onions, Sugar, Ginger Puree, Garlic Puree, Salt, Cumin, Paprika Extract, Cumin Seeds, Dried Coriander. May Contain Mustard, Nuts And Peanuts.

Chicken Madras Curry



Mustard



Peanuts



Nuts

Chicken, Tomato, Onion, Rapeseed Oil, Modified Maize Starch, Sugar, Mustard, Coriander Powder, Lemon Juice, Paprika Powder, Cumin Powder, Dried Onions, Garlic Puree, Salt, Ginger Puree, Red Chillies, Black Mustard Seeds, Coriander, Curry Leaf, May Contain Nuts And Peanuts.

Prawn Madras Curry



Mustard



Peanuts



Nuts



Crustaceans



Fish



Molluscs

Prawns, Tomato, Onion, Rapeseed Oil, Modified Maize Starch, Sugar, Mustard, Coriander Powder, Lemon Juice, Paprika Powder, Cumin Powder, Dried Onions, Garlic Puree, Salt, Ginger Puree, Red Chillies, Black Mustard Seeds, Coriander, Curry Leaf, May Contain Nuts And Peanuts.

Sweet Potato & Chickpea Curry (GF + Vegetarian)



Mustard



Nuts

Sweet Potato, Onion, Tomato, Coconut Milk, Rapeseed Oil, Chickpeas, Spinach, Red Pepper, Mango Powder, Mustard, Tomato Puree, Garlic Puree, Lemon Juice, Sugar, Cornflour,

Red Thai Chicken Curry



May Contain Mustard



Contain Nuts (Coconut)



May Contain Celery



May Contain Soya

Water, Creamed Coconut, Coconut Milk, Sugar, Starch, Red Peppers, Onion, Rapeseed Oil, Salt, Tomato Paste, Garlic Puree, Minced Lemongrass, Lactic Acid, Citric Acid, Coriander Leaf, Minced Galangal, Lime Leaves, Chilli Flakes, Thai Basil, Paprika Extract, Chicken, Rice.

Thai Penang Curry (GF + Vegan)



May Contain Mustard



Contain Nuts (Coconut)



May Contain Celery



Contains Soya (Mangetout)

Coconut Milk, Coconut Water, Cauliflower, Green Beans, Peppers (Both Yellow & Red), Mangetout, Red Curry Paste (Red Chillies, Salt, Ginger, Garlic, Lemongrass, Paprika, Coriander, Shallots, Lime Leaves, Cumin, Blended Red Peppers, Yeast), Demerara Sugar, Lemongrass Puree, Water, Maize Starch, Lime Leaves.

Vegetable Samosas



gluten

Pilgrim- 27% Vegetables (Onion, Peas, Carrot), Wheat Flour, Water, Potato, Rapeseed Oil, Maize Starch, Spices, Sugar, Salt, Tomato Purée, Thickener (Methyl Cellulose), Wheat Gluten, Lemon Juice, Herbs, Acidity Regulator (Citric Acid)

Bookers- Wheat Flour, Potato (27%), Carrots (11%), Cottonseed Oil, Onion (5%), Peas (4.5%), Garlic Purée, Coriander Leaf, Salt, Refined Soya Oil, Maize Starch, Ginger, Lemon Juice, Garam Masala (Ground Cardamom, Ground Cumin, Clove Powder, Coriander Powder, Cinnamon Stick, Mace, Bay Leaf), Cumin Seeds, Fennel Seeds, Sugar, Red Chilli Powder, Turmeric Powder, Star Anise

Bombay Potatoes



gluten



Celery



Mustard

Potatoes-Potatoes

Bombay Seasoning- Coriander, Mustard, Fenugreek, Turmeric, Salt, Chilli, Garlic, Celery, Cloves, Cornmeal, Cumin, Bay Leaves, Fennel, Sugar

Garlic & Coriander Naan



gluten

Wheat Flour, Water, Coriander, Rapeseed Oil, Raising Agents: Monocalcium phosphates, sodium bicarbonate, garlic, yeast, salt, kalonji seeds.

Butternut Dhansak (Vegan)



Contain Nuts (Coconut)

Sweet Potato, Plant Protein, Organic Faba, Salt, Vegan Stock (Water, Vegan Yeast, Molasses, Dried Vegetable, Potato, Onion, Salt, Tomato Puree, Sunflower Oil, Lemon Juice, Black Pepper), Vegan Bouillon (Sea Salt, Rice Flower, Onions, Carrots, Parsnips, Yeast Extract, Sunflower Oil, Parsley, Tumeric) Butternut Squash, Squash, Onions, Chickpeas, Spinach, Tomato, Lime Juice, Coconut Milk, Coconut Water, Agave, Tomatoe Puree, Rapeseed Oil, Dhansak Spices (Cumin Seeds, Cayenne Pepper, Tumeric, Coriander, Amchoor Spice, Fenugreek Seeds, Cardomon & Cardamom), Coranider Leaves, Garlic, Ginger, Green and Red Chilli Peppers, Peppers, Starch, Potatos.

Sticky Tamarind Fries

Fries- (Sysco) Potato, vegetable oils (sunflower oil, rapeseed oil), rice flour, salt, raising agents (disodium diphosphate, sodium hydrogen carbonate, dextrose, thickner (xantham gum), turmeric extract.

Fries- (Lutosa) Potatoes, Sunflower Oil, modified potato starch, rice flour, tapioca starch, salt, raising agents E450i-E500ii, thickener E415

Tamarind Sauce- Water, Sugar, Tamarind, Modified Maize Starch, Cumin Powder, Acidity Regulator: Acetic Acid, Ground Fennel, Chilli Powder, Corriander Powder, Colour: Plain Caramel

Chips/Fries

Fries- (Sysco) Potato, vegetable oils (sunflower oil, rapeseed oil), rice flour, salt, raising agents (disodium diphosphate, sodium hydrogen carbonate, dextrose, thickner (xantham gum), turmeric extract.

Fries- (Lutosa) Potatoes, Sunflower Oil, modified potato starch, rice flour, tapioca starch, salt, raising agents E450i-E500ii, thickener E415

Chips- (Lutosa) Potatoes, Sunflower Oil

Potato .All Our Chips Or Fries Are Fried In The Same Vegatable Oil And May Be Contaminated With Gluten And Other Allergens.

Loaded Tiger

Naan Bread-



gluten

Gluten, Wheat Flour, Rapeseed Oil, Yeast, Kalonji Seeds.

Chicken Tikka-



Milk



Mustard



Nuts



Peanuts

Tomatoes, Yogurt, Milk, Rapeseed Oil, Single Cream, Modified Maize Starch, Dried Onions, Sugar, Ginger Puree, Garlic Puree, Salt, Cumin, Paprika Extract, Cumin Seeds, Dried Coriander. May Contain Mustard, Nuts And Peanuts.

Mango Chutney-

Sugar, Salt, Mango, Ground Chillies, Ground Ginger

Loaded Monkey

Naan Bread-



gluten

Gluten, Wheat Flour, Rapeseed Oil, Yeast, Kalonji Seeds.

Chickpea Channa-

Chickpeas, tomatoes, chilli powder, grama masala, lemon juice, fresh coriander, ground coriander, salt, pepper, garlic oil.

Mango Chutney-

Sugar, Salt, Mango, Ground Chillies, Ground Ginger

Kids Ice Cream Factory

**All Ice Creams May Contain Or Come With Products That May Contain
Gluten Or Forms Of Nuts – They Are Also A Milk Product**



Smarties  Milk  Soya

Ice Cream Mix,Skimmed Milk,Sugar,Veg Oil,Whey Powder,
Smarties,Palm Oil,Whey,Milk,Cocoa Powder,Tapioca,Soya,Vanilla,Apple,Beetroot,Coconut
Oil,Rapeseed Oil.
Strawbwrry Sauce ,Sugar Strawberry,Syrup.

Flake  Milk

Ice Cream Mix,Skimmed Milk,Sugar,Veg Oil,Whey Powder,
Milk,Cocoa,Butter, Cocoa,Butter Sauce ,Sugar Syrup.

Bubblegum Millions  Milk

Ice Cream Mix,Skimmed Milk,Sugar,Veg Oil,Whey Powder,
Sugar Flavourings

Chocolate Brownie  Eggs  Wheat  Milk  Soya

Sugar, Eggs .Wheat,Vanilla,Soybean,Butter,Palm Oil,Milk,Milk Whey,Cream Ice Cream Mix,Skimmed
Milk,Sugar,Veg Oil,Whey Powder,
Chocolate Sauce

Freddo Frog & Chocolate Brownie Sundae



Sugar, Eggs .Wheat,Vanilla,Soybean,Butter,Palm Oil,Milk,Milk Whey,Cream Ice Cream Mix,Skimmed
Milk,Sugar,Veg Oil,Whey Powder,
Chocolate Sauce

Freddo Frog – Milk, Cocoa Butter, Cocoa Mass, Palm Oil, Shea Oil/Fat, May Contain Nuts

Desserts

Sundaes

Banoffee Sundae



Milk



Gluten (Wafer)

Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder,

Toffee Sauce – Sugar, Water, Caramelised Sugar, Dried Skimmed Milk, Dried Cream, Sunflower Oil, Maize Starch, Salt, Xantham Gum, Guar Gum

Bananas

Caramel Fudge



Milk



Gluten (Wafer)

Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder,

Fudge, Skimmed Milk, Glucose Syrup, Vegetable Fat,

Wafer Contains Gluten

Brownie Delight



Eggs



Wheat



Milk



Soya

Sugar, Eggs, Wheat, Vanilla, Soybean, Butter, Palm Oil, Milk, Milk Whey, Cream, Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder,

Chocolate Sauce, Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder,

Chocolate Sauce, Squirty Cream, Milk sugar

Cold Desserts

Alabama Chocolate Cake (GF)



Eggs



May Contain Milk



Tree Nuts

Fondant, Sugar, Eggs, Rapeseed Oil, Gluten Free Flour, Cocoa Powder, Palm Oil, Rapeseed Oil, Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Squirty Cream, Milk sugar,

Custard



May Contain Eggs



May Contain Soya



Milk



May Contain Wheat

Chocolate Flake Cheesecake



May Contain Both Peanuts, Treenuts And Other Nuts

New York Vanilla Cheesecake, Dairy Free, Coconut Fat, Rapeseed Oil, Corn Starch, Palm Oil, Rapeseed Oil, Maize, Gluten Free Oats, Lemon Juice

Flake



Milk

. Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Milk, Cocoa, Butter, Cocoa, Butter Sauce, Sugar Syrup.

Malteser Cheesecake



May Contain Both Peanuts, Treenuts And Other Nuts

New York Vanilla Cheesecake, Dairy Free, Coconut Fat, Rapeseed Oil, Corn Starch, Palm Oil, Rapeseed Oil, Maize, Gluten Free Oats, Lemon Juice

Very Berry Cheesecake



May Contain Both Peanuts, Treenuts And Other Nuts

Berries (Strawberries, Redcurrants, Raspberries, Blackberries, Cherries, Blueberries)

New York Vanilla Cheesecake ,Dairy Free,Coconut Fat,Rapeseed Oil,Corn Starch,Palm Oil,Rapeseed Oil,Maize,Gluten Free Oats Lemon Juice



Milk



Wheat



Soya

Maltesers

Skimmed Milk Powder,Cocoa Butter,Barley,Soya,Wheat Flour,Vegetable Fat

Four Layer Chocolate Cake



Milk



Wheat



Soya



Eggs

Sugar,Wheat Flour,Skimmed Milk,Milk Powder,Soya,Cocoa Butter,Palm Oil,Eggs,Butter,Whey Powder, Ice Cream Mix,Skimmed Milk,Sugar,Veg Oil,Whey Powder,

After Eight Cheesecake



May Contain Tree Nuts



May Contain Peanuts,



May Contain Milk

After Eight Mints ,Sugar,Cocoa Mass,Vegetable Fat,Cocoa Butter,Butterfat Milk,Dark Chocolate, New York Vanilla Cheesecake ,Dairy Free,Coconut Fat,Rapeseed Oil,Corn Starch,Palm Oil,Rapeseed Oil,Maize,Gluten Free Oats Lemon Juice

Apple Crumble



Wheat Flour



Milk

Brown Sugar,Butter,Wheat Flour, Apples,

Cherry Crumble



Wheat Flour



Milk

Brown Sugar, Butter, Wheat Flour, Black Cherry, Water, Elderberry, Citric Acid

Treacle Sponge



Eggs



May Contain Soya



May Contain Milk,



May Contain Tree Nuts



Wheat Flour

Treacle Songe, Syrup, Wheat Flour, Eggs, Vegetable Oil, Rapeseed Oil, . Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Custard As Above

Creamy Cookie Stack



Eggs,



Soya,



Milk,



Wheat/Gluten

Full Fat Soft Cheese (Cream, Milk), Skimmed Milk Powder, Cornflour, Buttermilk Powder, Single Cream, Digestive Biscuit Crumb (Wheat Flour, Palm Oil, Rapeseed Oil, Sugar, Raising Agent), Whipped Cream, Condensed Milk, Margarine, Belgian Chocolate Chunks (Sugar, Cocoa Mass, Cocoa Butter, Soya, Natural Vanilla Flavour), Dark Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Soya, Natural Vanilla Flavour), Free Range Eggs, Modified Potato Starch, Maize, Guar Gum

White Chocolate & Berry Brulee Tart



Eggs,



Soya,



Milk,



Wheat/Gluten



May Contain Both Tree Nuts & Peanuts

Cream, Milk, Pastry, Wheat Flour, Sugar, Palm Oil, Eggs, Sugar, Salt, White Belgian Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Natural Vanilla Flavouring), Blackcurrant Compote (Blackcurrants, Sugar, Water, Modified Maize Starch, Sodium Citrate Acidity Regulator), Blackberries, Caramel (Sugar & Water), Xantham Gum, Lactic Acid, Amaretti Biscuit (Sugar, Apricot Kernels, Egg Whites, Corn Flour, Wheat Flour, Rice Flour

Caramel Biscuit Chouxnut



Eggs,



Soya,



Milk, Cream & Buttermilk



Wheat/Gluten

Powdered Fondant, Sugar, Dried Glucose Syrup, Water, Single Cream, Free Range Eggs, Speculoos Spread, Wheat, Flour, Palm Oil, Rapeseed Oil, Soya Flour, Cinnamon, Citric Acid, White Chocolate, Milk Powder, Cocoa Mass, Cocoa Butter, Skimmed Milk Powder, Natural Vanilla Flavouring, Buttermilk, Medium Fat Soft Cheese, Xantham Gum, Sugar Syrup, Maize Starch, Modified Potato Starch, Caramelised Sugar Syrup, Salt.

Sicillian Lemon Tart



May Contain Dairy (Ice Cream)



Contains Both Treenuts, Nuts and Peanuts

Sugar, Cocoa Butter, Coconut Milk, Rice Flour, Glucose Syrup, Lemon Juice, Lemon Zest, Water, Sunflower Oil, Palm Oil, Rapeseed Oil, Cornflour, Citric Acid, Lemon Oil, Salt, Tapioca Starch, Almonds, Berries.

Very Berry Waffle



Eggs,



Soya,



Milk, Cream & Buttermilk



Wheat/Gluten



Contains Both Treenuts, Nuts and Peanuts (Coconut)

Waffle – Wheat flour, Sugar, Margarine, Palm Oil, Rapeseed Oil, Water, Soya Lecithin, Salt, Citric Acid, Eggs, Yeast, Inverted Sugar Syrup, Soya Flour, Salt,

Ice Cream – Milk, Vanilla

Raspberry Sauce – Raspberries, Sugar, Caramel

Squirty Cream – Milk, Vanilla

Wafer – Wheat Flour, Vegetable (Palm Oil, Kernel Oil, Coconut Oil), Fat Reduced Cocoa Powder, Soya Lecithin, Sunflower Lecithin, Rapeseed Lecithin, Egg, Maltodextrin, Milk Powder, Wheat Starch, Caramalised Sugar, Whey Powder, Salt,

Berries (Strawberries, Redcurrants, Raspberries, Blackberries, Cherries, Blueberries)

Rocky Road Waffle



Eggs,



Soya,



Milk, Cream & Buttermilk



Wheat/Gluten



Contains Both Tree Nuts, Nuts and Peanuts (Coconut)

Waffle – Wheat flour, Sugar, Margarine, Palm Oil, Rapeseed Oil, Water, Soya Lecithin, Salt, Citric Acid, Eggs, Yeast, Inverted Sugar Syrup, Soya Flour, Salt,

Ice Cream – Milk, Vanilla

Chocolate Sauce – Chocolate, Cocoa Powder, Rapeseed Oil, Palm Oil, Sugar, Caramel

Squirty Cream – Milk, Vanilla

Wafer – Wheat Flour, Vegetable (Palm Oil, Kernel Oil, Coconut Oil), Fat Reduced Cocoa Powder, Soya Lecithin, Sunflower Lecithin, Rapeseed Lecithin, Egg, Maltodextrin, Milk Powder, Wheat Starch, Caramelised Sugar, Whey Powder, Salt

Marshmallows – Glucose Syrup, Dextrose, Water, Humectant, Sorbitol Syrup, Gelatine

Brownie – Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier, Soya, Vanilla Flavouring, Sugar, Pasteurised Free Range Eggs, Salted Butter [Milk, Salt]) Gluten Free Flour (Rice, Potato, Tapioca Starch, Maize, Buckwheat, Cocoa Powder, Baking Powder, Maize Starch