

THE BECK

Allergy & Ingredient List



All The Menu Items Will Have One Or More Of These Symbols If They Contain Any Of The Above Main Allergens .These Are Not Exhaustive And Caution Needs To Be Taken When Ordering .If In Any Doubt Please Contact A Member Of Staff To Help You With Any Questions Regarding Your Order And They Will Be Happy To Help And Work With Our Chefs To Accommodate Your Menu Needs .

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MENU ITEMS -

Curry Menu

Chicken Korma (GF)



Milk



Mustard



Nuts



Peanuts

Sugar, Desiccated Coconut, Cream, Milk, Rapeseed Oil, Maize Starch, Tomato Puree, Spices, Ginger Puree, Garlic Puree, Dried Onions, Salt, Lemon Juice, Coriander, May Contain Mustard, Nuts And Peanuts .

Pilau Rice



Celery & Celeriac



Mustard

Basmati Rice, Garam Masala, Ginger, Cloves, Peppers, Cumin, Nutmeg, Pimento, Fennel, Cardamon, Sunflower Oil, Turmeric Extract, Paprika, Mustard Seeds, Sugar, Onion, Celery, Celeriac, Garlic.

Naan Bread



Gluten ,Wheat Flour,Rapeseed Oil,Yeast .Kalonji Seeds .

Mango Chutney

Sugar,Salt,Mango,Ground Chillis ,Ground Ginger

Yogurt Dip



Milk

Yogurt,Mint,Sugar Lemon

Chicken Tika Masala (GF)



Milk



Mustard



Nuts



Peanuts

Tomatoes, Yogurt, Milk, Rapeseed Oil, Single Cream, Modified Maize Starch, Dried Onions, Sugar, Ginger Puree, Garlic Puree, Salt, Cumin, Paprika Extract, Cumin Seeds, Dried Coriander .May Contain Mustard, Nuts And Peanuts .

Chicken Madras Curry



Mustard



Peanuts



Nuts

Chicken, Tomato, Onion, Rapeseed Oil, Modified Maize Starch, Sugar, Mustard, Coriander Powder, Lemon Juice, Paprika Powder, Cumin Powder, Dried Onions, Garlic Puree, Salt, Ginger Puree, Red Chillis, Black Mustard Seeds, Coriander , Curry Leaf, May Contain Nuts And Peanuts.

Prawn Madras Curry



Mustard



Peanuts



Nuts



Crustaceans



Fish



Molluscs

Prawns, Tomato, Onion, Rapeseed Oil, Modified Maize Starch, Sugar, Mustard, Coriander Powder, Lemon Juice, Paprika Powder, Cumin Powder, Dried Onions, Garlic Puree, Salt, Ginger Puree, Red Chillis, Black Mustard Seeds, Coriander , Curry Leaf, May Contain Nuts And Peanuts.

Sweet Potato & Chickpea Curry (GF + Vegetarian)



Mustard



Nuts

Sweet Potato, Onion, Tomato, Coconut Milk, Rapeseed Oil, Chickpeas, Sinach, Red Pepper, Mango Powder, Mustard, Tomato Puree, Garlic Puree, Lemon Juice, Sugar, Cornflour,

Red Thai Chicken Curry



May Contain Mustard



May Contain Nuts (Coconut)



May Contain Celery



May Contain Soya

Water, Creamed Coconut, Coconut Milk, Sugar, Starch, Red Peppers, Onion, Rapeseed Oil, Salt, Tomato Paste, Garlic Puree, Minced Lemongrass, Lactic Acid, Citric Acid, Corriander Leaf, Minced Galangal, Lime Leaves, Chilli Flakes, Thai Basil, Paprika Extract. Chicken. Rice.

Fish Menu

Fish And Chips



Gluten



Eggs



Fish



Mustard.



Soya



Milk

Fish.Wheat Flour,Salt Colours,Carotenes,May Contain Gluten,Eggs,Milk And Soya

Chips

Potato .All Our Chips Or Fries Are Fried In The Same Vegatable Oil And May Be Contaminated With Gluten And Other Allergens.

Mushy Peas

Peas,Salt Sugar And Bicarbonate .

Bread



Gluten



May Contain Eggs



May Contain Milk

Gluten. May Contain Eggs,Milk,Cereal,Wheat,Rye,Barley,Oats,Palm Oil

Butter



Milk

Butter, Milk, Salt

Tartare Sauce



Eggs

Rapeseed Oil, Spirit Vinegar, Sugar, Gherkins, Capers, Modified Starch, Egg Yolk Powder

Golden Scampi



Gluten,



Crustaceans



Fish



Molluscs



Eggs



Mustard

Scampi Tails, Wheat Flour ,Niacin ,Thaiamin ,Wheat Flour, Salt, Maize Flour, Yeast.

Seaside Platter



Gluten



Crustaceans



Eggs



Fish



Molluscs



Mustard

Panko Squid Rings, Cod Bites, Prawns, Molluscs, Wheat Flour, Palm Oil, Salt, Garlic, Pepper, Squid Chunks, Molluscs, Scampi, Wheat Flour ,Palm Oil ,Wheat Flour,

Cod ,Fish Wheat Flour,Palm Oil,Rice Flour,Sugar,Yeast Extract

Butterfly Prawns,Crustaceans,Wheat Flour Palm Oil,Squid Extract,.

Classic Mains

Steak And Stilton Pie



Gluten



Soya



Sulphur



Milk

Wheat Flour, Vegetable Oils And Fats (Palm & Rape) Steak, Mushrooms, Milk Cream, Stilton Cheese, Beer

Mashed Potato



Milk

British Potato, Whey Powder (Milk) Rapeseed Oil, Salt White Pepper

Chips

Potato .All Our Chips Or Fries Are Fried In The Same Vegetable Oil And May Be Contaminated With Gluten And Other Allergens.

Steak And Ale



Gluten



Soya



Sulphur

Wheat Flour, Vegetable Oils And Fats (Palm & Rape) Steak, Mushrooms, Milk Cream, Beer

Beef Lasagne



Gluten



Eggs



Milk



Soya



Celery



Eggs

Beef Mince ,Onion,Garlic,Celery,Onion Powder .Tomatos, Tomato Puree, Corn Flour, Salt ,Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano, Black Pepper Durum Wheat Semolina Pasta, May Contain Egg, Soya And Mustard. Palm Oil.

Sweet and Sour Chicken Cantonese Style



Gluten



Mustard



Eggs



Milk



Soya

Chicken, Fish.Wheat Flour,Salt Colours,Carotenes,May Contain Gluten,Eggs,Milk And Soya...Onion Puree,Coconut Extract,Ginger Puree,Modified Maize,Soya Sauce,Soya Beans,Rapeseed Oil,Garlic Puree,Tumeric.Ground Ginger,Coriander,Chilli Pepper,Cumin,Mustard Flour,Cayene Pepper.

Chicken In White Wine



Milk



Sulphur



Gluten

Chicken Breast ,Onion,garlic,Double Cream, White Wine ,Mushrooms,Sugar,Salt,Tomato puree ,Garlic Puree,Sunflower oil and sage ,Bacon Lardons

Chicken Vesuvius (Spicy)



Milk



Sulphur



Gluten

Chicken Breast ,Onion,Garlic,Double Cream, White Wine Mushrooms,Sugar,Salt,Tomato Chillis Puree ,Garlic Puree,Sunflower Oil And Sage Chilli Flakes,Tomato Puree Corn Flour,Salt ,Olive Oil,White Wine Vinegar,Garlic Puree,Basil,Oregano

Ham Egg and Chips



Eggs

Sliced Ham, Eggs

Chilli Con Carne



Celery



Soya



Gluten

Beef Mince ,Onion,Garlic,Celery,Onion Powder .Tomatos,Tomato Puree,Corn Flour,Salt ,Olive Oil,White Wine Vinegar,Garlic Puree,Basil,Oregano,Black Pepper,Kidney Beans ,Jalapenos,Chilli,Chilli Flakes,Garlic Powder. May Contain Gluten

Tortillia Chips

Maize Flour,Sunflower Oil,Salt Calcium Hydroxide,Citric Acid

Dirty Dog



Celery



Celery



Eggs



Milk



Soya

Pork Sausage ,Onions,Gherkins,Vinegar,Bbq Sauce. Tomato Puree,Molasses,Salt,Maize Starch,Onion Powder,Smoke Flavouring,Black Pepper,Brioche Buns,Wheat Flour,Butter,Milk,Sugar,Egg Powder,Skimmed Milk,Rapeseed Oil,Modified Starchpalm Oil,Yeast,Tumeric

Coleslaw



Egg

Rapeseed Oil,Spirit Vinegar,Potato Starch,Sugar Salt, Pasteurised Egg,Carrots,White Cabbage,White Onion

BBQ Sauce

Tomato Puree,Sugar Syrup,Spirit Vinegar,Molasses,Salt,Modified Maize,Onion Powder,Smoke Flavouring,Black Pepper,

Classic Dog



Celery



Gluten



Milk



Egg



Soya

Pork Sausage ,Onions,Gherkins,Vinegar, ,Black Pepper,Brioche Buns,Wheat Flour,Butter,Milk,Sugar,Egg Powder,Skimmed Milk,Rapeseed Oil,Modified Starchpalm Oil,Yeast,Tumeric

Chilli Dog



Celery



Gluten



Milk



Egg



Soya

Pork Sausage ,Onions,Gherkins,Vinegar, ,Black Pepper,Brioche Buns,Wheat Flour,Butter,Milk,Sugar,Egg Powder,Skimmed Milk,Rapeseed Oil,Modified Starchpalm Oil,Yeast,Tumeric,Tomato,Tomato Puree,Garlic Puree,Chilli Powder,Chilli Flakes,Kidney Beans,Jalapenos.May Contain Eggs

Boston Sausage And Mash



Milk



Gluten



Soya

Pork, Breadcrumbs, Wheat, Salt Sage, Pepper Soya, British Potao, Whey Powder(Milk) Rapeseed Oil, Salt White Pepper , Onions. Yeast, Tomato Puree, Palm Fat, Sunflower Oil, Sage,

Mashed Potato



Milk

British Potato, Whey Powder(Milk) Rapeseed Oil, Salt White Pepper

Beetroot Wellington (Vegan)



Gluten



Soya



May Contain Nuts

Wheat Flour, Palm And Rapeseed Oil, Beetroot, Butternut Squash, Mushroom , Red Onion, Sugar, Modiried Maize, Sultanas, Sunflower Oil, Soya, Soya Beans, Apple Extract, Salt, Golden Syrup, Parsley, Thyme, Coriander, Cassia, Ginger, Nutmeg, Fennel, Cloves, Cardamon

Vegetarian Sausage and Mash (Vegetarian)



Milk



Gluten



Soya



May Contain Nuts

Vegetarian Sausage (Oyster Mushrooms, Vegetable Oil, Coconut Oil, Sunflower Oil, Rapeseed Oil, Soya Protein, Pea Protein, Wheat, Barley, Starch, Oats, Beetroot, Lemon Extract, Salt), Mash (British Potatoes, Whey Powder (Milk), Rapeseed Oil, Salt, White Pepper)

Vegtarian Nuggets (Kids) (Vegetarian)



Soya



Gluten



May Contain Celery



May Contain Egg



May Contain Mustard



May Contain Sesame



May Contain Nuts

Soya Protein, Water, Breadcrumbs (Wheat Flour, Rapeseed Oil, Yeast, Paprika, Salt), Sunflower Oil, Corn Starch, Vinegar, Citrus Fibre, Onion Powder, Garlic Powder,

Salad Bowls & Salad Sides

Sweet Chilli Chicken



Gluten (Crutons)



Egg (Boiled Egg)



Mustard

Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillis, Salt

Honey Glazed Ham



Gluten (Crutons)



Egg (Boiled Egg)



Mustard

Ham, Wheat Flour, Honey, Mustard

Feta Cheese (Vegetarian)



Milk



Gluten (Crutons)



Egg (Boiled Egg)



Mustard

Feta Cheese , Egg

Scampi Salad



Gluten (Scampi Batter & Croutons)



Egg (Boiled Egg)



Crustaceans



Fish



Molluscs



Mustard

Bowl Of Fries

Potato .All Our Chips Or Fries Are Fried In The Same Vegatable Oil And May Be Contaminated With Gluten And Other Allergens.

Stack of Onion Rings



Gluten

Onion,Wheat Flour,Malt,Barley,Corn,Sunflower Oil,Rice Flour,Yeast,Onion Powder,Maize Flour,White Pepper,Paprika Powder,

Coleslaw



Egg

Rapeseed Oil,Spirit Vinegar,PotatoStarch,Sugar SaltPasteurised Egg,Carrots,White Cabbage,White Onion

Ribs & Steaks, Sides & Sauces

Full Rack Of BBQ Ribs



Eggs



Gluten



May Contain Celery

Rork Rib,Paprika,Brown Sugar ,Garlic Powder, Tomato Puree,Sugar Syrup,Spirit Vinegar,Molasses,Salt,Modified Maize,Onion Powder,Smoke Flavouring,Black Pepper, Onion,Wheat Flour,Malt,Barley,Corn,Sunflower Oil,Rice Flour,Yeast,Onion Powder,Maize Flour,White Pepper,Paprika Powder, Rapeseed Oil,Spirit Vinegar,Potatostarch,Sugar Saltpasteurised Egg,Carrots,White Cabbage,White Onion

The Southern Feast



Egg



Celery



Gluten



Milk

Rork Rib, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper, Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Vinegar, Potatostarch, Sugar Salt, pasteurised Egg, Carrots, White Cabbage, White Onion, Chicken, Beans, Tomato, Vinegar, Cornflour, Sice Extract,

10oz Gammon Steak



Egg

Gammon, egg, Pineapple, Peas

8oz Rump Steak



Gluten



Egg



Milk

Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Steak, Mushroom, Tomato

Surf & Turf



Eggs



Crustaceans



Fish



Molluscs



Gluten



Mustard

Scampi Tails, Wheat Flour, Niacin, Thiamin, Wheat Flour, Salt, Maize Flour, Yeast.

Onion Rings. Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Steak, Tomato, Garden Peas

Steak Sides –

Onion Rings



Gluten

Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder,

Coleslaw



Egg ,

Rapeseed Oil, Spirit Vinegar, Potato Starch, Sugar Salt, Pasteurised Egg, Carrots, White Cabbage, White Onion

BBQ Beans

Baked Beans .Haricot Beans, Tomato, Maize Starch. Onion Powder, Paprika

Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper,

Chips/Fries

Potato .All Our Chips Or Fries Are Fried In The Same Vegetable Oil And May Be Contaminated With Gluten And Other Allergens.

Steak Sauces -

Peppercorn



Milk



Sulphur



Mustard



Gluten

Double Cream, Whiskey, Sugar Salt ,Yeast, Onion Powder, Tomato Puree, Sunflower oil, Peppercorns. Can contain mustard

Diane



Milk



Sulphur



Mustard



Gluten

Double Cream, Brandy, Dijon Mustard, Sugar Salt ,Yeast, Onion Powder, Tomato Puree, Sunflower oil, Black Pepper,

Vesuvius



Milk



Sulphur



Mustard



Gluten

Double Cream, Brandy, Dijon Mustard, Sugar Salt ,Yeast, Onion Powder, Tomato Puree, Sunflower oil, Black Pepper, Chilli, Chilli flakes

Blue Cheese and Mushroom



Milk



Gluten



Mustard



Sulphur

Double Cream, , Sugar Salt ,Yeast, Onion Powder, Tomato Puree, Sunflower oil, Peppercorns. Can contain mustard .Blue Cheese, Mustard

Burgers

The Ranch Burger



Gluten



Eggs



Milk



Mustard

Beef Burger, Bacon ,Brioche Bun..Wheat Flour,Milk,Caster Sugar,rapeseed Oil, Maize,Yeast,Salt,Skimmed Milk Powder,Ground Turmeric .

Mozzarella Cheese,,Palm Oil,Potato Starch

Burger Relish ,Sugar,Gherkins, Tomato Paste,Vinegar,Bell Peppers,Cauliflower,Onion, Maize Starch,Mustard Seed,Garlic Powder,White Pepper,

Burger Sauce,Rapeseed Oil,Sugar,Pasteurised Egg yolk Powder,Tomato Paste,Mustard Powder,Vinegar,Onion Powder,Paprika,Black Pepper.

Coleslaw. Rapeseed Oil,Spirit Vinegar,Potato starch,Sugar Salt Pasteurised Egg,Carrots,White Cabbage,White Onion

The Big Clucker



Gluten



Eggs



Milk



Mustard



Celery

Brioche Bun..Wheat Flour,Milk,Caster Sugar,rapeseed Oil, Maize,Yeast,Salt,Skimmed Milk Powder,Ground Turmeric

, Onion,Wheat Flour,Malt,Barley,Corn,Sunflower Oil,Rice Flour,Yeast,Onion Powder, Maize Flour,White Pepper,Paprika Powder, Rapeseed Oil,Spirit Vinegar,Potato starch,Sugar Salt pasteurised Egg,Chicken

Burger Relish ,Sugar,Gherkins, Tomato Paste,Vinegar,Bell Peppers,Cauliflower,Onion, Maize Starch,Mustard Seed,Garlic Powder,White Pepper,

Burger Sauce,Rapeseed Oil,Sugar,Pasteurised Egg yolk Powder,Tomato Paste,Mustard Powder,Vinegar,Onion Powder,Paprika,Black Pepper.

Coleslaw. Rapeseed Oil,Spirit Vinegar,Potato starch,Sugar Salt pasteurised Egg,Carrots,White Cabbage,White Onion .

Mexican Burger



Gluten



Eggs



Milk



Mustard

Beef Burger, Bacon ,Brioche Bun..Wheat Flour,Milk,Caster Sugar,rapeseed Oil, Maize,Yeast,Salt,Skimmed Milk Powder,Ground Turmeric .

Mozzarella Cheese,,Palm Oil,Potato Starch

Burger Relish ,Sugar,Gherkins, Tomato Paste,Vinegar,Bell Peppers,Cauliflower,Onion, Maize Starch,Mustard Seed,Garlic Powder,White Pepper,

Burger Sauce,Rapeseed Oil,Sugar,Pasteurised Egg yolk Powder,Tomato Paste,Mustard Powder,Vinegar,Onion Powder,Paprika,Black Pepper.

Coleslaw. Rapeseed Oil,Spirit Vinegar,Potato starch,Sugar Salt Pasteurised Egg,Carrots,White Cabbage,White Onion ,Salsa,Jalapenos

Crispy Chicken Burger



Gluten



Milk



Egg



Celery

Brioche Bun..Wheat Flour,Milk,Caster Sugar,rapeseed Oil, Maize,Yeast,Salt,Skimmed Milk Powder,Ground Turmeric, Monterey Jack Cheese,Milk,Non Animal Rennet , Coleslaw. Rapeseed Oil,Spirit Vinegar,Potato starch,Sugar Salt pasteurised Egg,Carrots,White Cabbage,White Onion .

Chicken Burger ,Wheat Flour, Maize Flour,Salt,Modified Maize Starch,Semolina,Pepper,Celery,Sunflower Oil

Red Onions,Vinegar , Black Pepper,Brioche Buns,Wheat Flour,Butter,Milk,Sugar,Egg Powder,Skimmed Milk,Rapeseed Oil,Modified Starch,palm Oil,Yeast,Turmeric

The Carribean Burger



Gluten



Milk



Egg



Celery



May Contain Both Peanuts, Treenuts and Other Nuts

Brioche Bun..Wheat Flour,Milk,Caster Sugerrapeseed Oil,Maize,Yeast,Salt,Skimmed Milk Powder,Ground Tumeric, Monterey Jack Cheese,Milk,Non Animal Rennet , Coleslaw. Rapeseed Oil,Spirit Vinegar,Potatostarch,Sugar Saltpasteurised Egg,Carrots,White Cabbage,White Onion .

Chicken Burger ,Wheat Flour,Maize Flour,Salt,Modified Maize Starch,Semolina,Pepper,Celery,Sunflower Oil

Water, Sugar, Barley, Malt Vinegar, Tomato Paste, Onion Puree, Modified Maize Starch, Red Scotch Bonnet Puree, Acetic Acid, Garlic Puree, Ginger Puree, Ground All Spice, Spring Onions, Ground Black Pepper, Paprika, Ground Coriander, Cinnamon, Nutmeg, Basil, Thyme

The Bangkok Burger (Spicy + Vegetarian)



Gluten



Egg



Soya



Milk



May Contain Both Peanuts, Treenuts and Other Nuts

Chickpeas, Water, Red Peppers, Sweetcorn, Potatoes, Carrot, Breadcrumbs, Yeast, Salt, Soya Beans, Wheat Flour, Maize Starch, Onions, Green Thai Curry Paste (Chillies, Lemongrass, Salt, Garlic, Onions, Galangal, Makrood, Parsley, Fennel, Pepper, Tumeric), Rapeseed Oil, Rice Flour, Red Lentils, Corriander, Lime Leaves, Sugar, Ginger, Black Onion Seeds, Cumin.

Red Onions,Vinegar, ,Black Pepper,Brioche Buns,Wheat Flour,Butter,Milk,Sugar,Egg Powder,Skimmed Milk,Rapeseed Oil,Modified Starchpalm Oil,Yeast,Tumeric

Sugar, Tomatoes, Red Peppers, Red Wine Vinegar, Tomato Paste, Chilli Paste, Pectin, Ginger Puree, Garlic Puree, Sea Salt, Lemon Juice

Rapeseed Oil, Water, Spirit Vinegar, Potato Starch, Xantham Gum, Sugar, Salt, Egg (Mayonaise)

A Taste Of Italy (Pastas)

Parmesan Cheese



Milk, Salt, Rennet

Spaghetti Bolognese



Celery



Gluten



Eggs



Soya



Milk

Beef Mince ,Onion,Garlic,Celery,Onion Powder .Tomatos, Tomato Puree,Corn Flour,Salt ,Olive Oil,White Wine Vinegar,Garlic Puree,Basil,Oregano,Black Pepper Durum Wheat Semolina Pasta,may contain egg,soya and.Palm oil ,

Chicken Carbonara



Milk



Sulphur



Gluten

Chicken Breast ,Onion,garlic,Double Cream, White Wine ,Mushrooms,Sugar,Salt, Tomato puree ,Garlic Puree,Sunflower oil and sage ,Bacon Lardons

Tomato, Basil and Chicken Rigatoni



Gluten



Milk

Chicken, Water, Tomatoes, Tomato Paste, Onions, Sugar, Corn Starch, Basil, Sunflower Oil, Natural Basil Flavouring, Garlic, Lemon Juice Concentrate, Salt

Meatball Rigatoni Pasta



Gluten



Milk

Water, Tomatoes, Tomato Paste, Onions, Sugar, Corn Starch, Basil, Sunflower Oil, Natural Basil Flavouring, Garlic, Lemon Juice Concentrate, Salt

Meatballs – Pork, Breadcrumbs, Wheatflour, Salt, Yeast, Tomato Puree, Salt, Dried Onions, Pork Fat, Sugar, Garlic Fried In Rapeseed Oil

Spicy Pepper Rigatoni Pasta (Vegetarian)



Gluten



Milk

Water, Tomatoes, Tomato Paste, Onions, Sugar, Corn Starch, Basil, Sunflower Oil, Natural Basil Flavouring, Garlic, Lemon Juice Concentrate, Salt

Red, Yellow and Green Peppers

Fajita Mix - Paprika, Salt, Ground Cumin, Onion Powder, Garlic Powder, Ground Black Pepper, Chilli Flakes, Oregano, Ground White Pepper, Ground Chillies, Acid (Citric Acid)

Pizzas

Home Made Dough Base



Gluten

Wheat Flour ,Vegan Yeast,Olive Oil,Sugar,Salt.

All The Pizzas Have The Same Base So The Other Ingredients Are Listed

Bbq Sauce .If You Choose The Texan Option They Will Have Bbq Base Instead Of Tomato Base .

Bbq Base , Paprika,Brown Sugar ,Garlic Powder, Tomato Puree,Sugar Syrup,Spirit Vinegar,Molasses,Salt,Modified Maize,Onion Powder,Smoke Flavouring,Black Pepper



Tomato Base Sauce , Celery ,Tomato,Sugar,Salt Vinegar Spices, Thyme,Basil,Mint Olive Oil,Modified Corn Starch,Onion Powder.



Mozzarella Cheese, Milk (Mozzarella Milk)

Mozzarella Cheese,Palm Oil ,Potato Starch

Vegan Tomato Garlic Bread  Gluten,  Celery (Vegan)
Dough,Tomato Base,Garlic Oil,Olive Oil. Oregano

Vegan Cheese & Tomato Bread  Gluten  Celery. (Vegan)
Dough,Tomato Base,Garlic,Olive Oil,Vegan Cheese,Coconut Oil,Modified Starch,Sea Salt,Mozzarella Flavour,Olive Extract. Oregano

Margherita Oregano  Gluten  Celery  Milk (Mozzarella Milk)
Dough ,Tomato Base , Oregano,Mozzarella Cheese

The Jackson  Gluten,  Celery,  Milk (Mozzarella Milk), Dough,
Tomato Base, Ham , Oregano, Mozzarella Cheese, BBQ Sauce (Tomato Puree,Sugar Syrup,Spirit Vinegar,Molasses,Salt,Modified Maize,Onion Powder,Smoke Flavouring,Black Pepper)

Prosciutto Funghi  Gluten,  Celery,  Milk (Mozzarella Milk), Dough,
Tomato Base, Ham, Mushrooms, Oregano, Mozzarella Cheese

Olive Overload  Gluten,  Celery,  Milk (Mozzarella Milk), Dough, Tomato Base, Ham, Mixed Peppers, Red Onion, Chicken, Black Pitted Olives

Hawaiian  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Pineapple, Oregano


Pepperoni  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano, Pork, Pork Fat, Salt, Garlic Powder.

Double Pepperoni  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano, Pork, Pork Fat, Salt, Garlic Powder.

Ham & Mushroom  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano, Ham, Pork, Sugar Syrup, Modified Starch, Smoke Flavour, Yeast Extract, Spice Extract, Mushroom

Chicken & Sweetcorn  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano
Chicken, Sweetcorn

BBQ Chicken  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano.
BBQ Base, Paprika, Brown Sugar, Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper. Chicken, Sweetcorn, Red Onion.

Bolognese  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano, Garlic Beef Mince, Onion, Garlic, Celery, Onion Powder. Tomatoes, Tomato Puree, Corn Flour, Salt, Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano, Black Pepper.

Meat Feast  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano
Pepperoni Pork, Pork Fat, Salt, Garlic Powder.
Ham, Ham, Pork, Sugar Syrup, Modified Starch, Smoke Flavour, Yeast Extract, Spice Extract
Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garlic, Dried Onions, Herbs

Mighty Meat Feast. Meat Feast  Gluten  Celery  Milk (Mozzarella Milk)
Dough, Tomato Base, Mozzarella Cheese, Oregano
Pepperoni Pork, Pork Fat, Salt, Garlic Powder.

Ham, Ham, Pork, Sugar Syrup, Modified Starch, Smoke Flavour, Yeast Extract, Spice Extract
Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garliu, Dried Onions, Herbs Chicken.




Hot & Spicy.  **Gluten**  **Celery**  **Milk (Mozzarella Milk)**
Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garliu, Dried Onions, Herbs Dough, Tomato Base, Mozzarella Cheese , Oregano, Jalapeno, Chillis, Mixed Peppers,

The New Yorker.  **Gluten**  **Celery**  **Milk (Mozzarella Milk)**
Dough, Tomato Base, Mozzarella Cheese , Oregano
Pepperoni Pork, Pork Fat , Salt, Garlic Powder.
Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garliu, Dried Onions, Herbs Onion

Americano.  **Gluten**  **Celery**  **Milk (Mozzarella Milk)**
BBQ Base , Paprika, Brown Sugar , Garlic Powder, Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper. Chicken, Sweetcorn, Red Onion. Chicken , Pepperoni Sweetcorn

Becks Banger.  **Gluten**  **Celery**  **Milk (Mozzarella Milk)**  **Soya**
Dough, Tomato Base, Mozzarella Cheese , Oregano
Pepperoni Pork, Pork Fat , Salt, Garlic Powder
Ham, Ham, Pork, Sugar Syrup, Modified Starch, Smoke Flavour, Yeast Extract, Spice Extract
Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garliu, Dried Onions, Herbs Turkey , Chicken, Soya , Spices, Celery, Milk, Smoke Flavour

Doner Supreme .  **Gluten**  **Celery**  **Milk (Mozzarella Milk)**
Dough, Tomato Base, Mozzarella Cheese , Oregano
Onion, Mixed Peppers, Garlic Powder.

Mega Donner  **Gluten**  **Celery**  **Milk (Mozzarella Milk)** **Dough, Tomato Base, Mozzarella Cheese , Oregano**
Onion, Mixed Peppers, Garlic Powder.
Cooked Chicken, Salt, Tandori Spices, Gluten, Herbs , Yogurt, Milk Powder, Rice Starch, Sunflower Oil, Beetroot, Tomato

Vegetarian Deluxe  **Gluten,**  **Celery,**  **Milk (Mozzarella Milk)**
(Vegetarian)

Dough, Tomato Base, Mozzarella Cheese , Oregano
Onion, Mixed Peppers, Mushrooms, Sweetcorn.

Veggie Heatwave  **Gluten,**  **Celery,**  **Milk (Mozzarella Milk),**
(Vegetarian)

Dough, Tomato Base, Mozzarella Cheese, Oregano, Mushrooms, Red Onion, Sweetcorn, Mixed Peppers, Jalapenos, Fresh Chillies

The Plant-Powered Pizza



Gluten,



Celery, (**Vegan**)

Dough, Vegan Yeast, Tomato Base, Vegan Cheese (Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract), Oregano, Mushrooms, Red Onion, Sweetcorn, Mixed Peppers

Vegan Volcano



Guten



Celery, (**Vegan**)

Dough, Vegan Yeast, Tomato Base, Vegan Cheese (Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract), Oregano, Mushrooms, Red Onion, Sweetcorn, Mixed Peppers, Jalapenos, Fresh Chillies

Vegan Spicy Supreme



Gluten



Celery (**Vegan**)

Dough, Tomato Base, Vegan Yeast

Vegan Cheese, Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract. Oregano, Onion, Mixed Peppers, Mushrooms, Sweetcorn., Chillis, Jalapenos

Vegan Margherita



Gluten



Celery (**Vegan**)

Dough, Tomato Base, Vegan Yeast

Vegan Cheese, Coconut Oil, Modified Starch, Sea Salt, Mozzarella Flavour, Olive Extract. Oregano,

A Bit On The Side

Asian Style Chicken Strips



Gluten



Eggs



Milk



Mustard



Celery



May Contain Soy/Soya

Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillis, Salt

Vinegar, Potato Starch, Sugar Salt, Pasteurised Egg, Chicken, Chillis

Asian Style Chicken Strips



Gluten

Chicken Breast, Wheat, Starch (Corn, Potato, Tapioca), Vegetable Oil (Palm), Water, Salt, Spices (Black Pepper, Chilli, White Pepper, Ginger, Star Anise, Paprika), Yeast, Garlic, Onion, Natural Flavouring (Chilli, Black Pepper)

BBQ Southern Fried Chicken Strips



Gluten



Eggs



Milk



Mustard



Celery

Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder, Rapeseed Oil, Spirit Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillis, Salt

Vinegar, Potatostarch, Sugar Saltpasteurised Egg, Chicken.

Onions, Gherkins, Vinegar, BBQ Sauce ..Tomato Puree, Molasses, Salt, Maize Starch, Onion Powder, Smoke Flavouring, Black Pepper, Chicken

Mozzarella Dippers (Vegetarian)



Milk



Gluten

Mozzarella, Mik, Wheat Flour, Rice Flour, Salt, Dried Parsley, Yeast, Paprika Extract, Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillis, Salt

Onion Ring Stack (Vegetarian)



Gluten



Eggs

Onion, Wheat Flour, Malt, Barley, Corn, Sunflower Oil, Rice Flour, Yeast, Onion Powder, Maize Flour, White Pepper, Paprika Powder,

, BBQ Sauce ..Tomato Puree, Molasses, Salt, Maize Starch, Onion Powder, Smoke Fl Rapeseed Oil, Pasteurised Egg Yolk, Vinegar, Sugar, Salt, Dried Garlic

Avouring, Black Pepper

Chicken Bites



Gluten



Eggs



Fish



Mustard.



Soya



Milk

Fish. Wheat Flour, Salt Colours, Carotenes, May Contain Gluten, Eggs, Milk And , BBQ Sauce ..Tomato Puree, Molasses, Salt, Maize Starch, Onion Powder, Smoke Flavouring, Black Pepper Soya

Mac And Cheese Bites



Gluten



Milk

Pasta, Duram Wheat, Semolina, Extra Mature Cheddar Cheese, Yeast.

BBQ Sauce

Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper,

Sweet Chilli Sauce



May Contain Gluten

Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillis, Salt

Moroccan Cauliflower Bites (Vegan)

Cauliflower, Gluten Free Breadcrumbs, Maize Flower, Rapeseed Oil, Cayenne Pepper, Cinnamon, Fennel, Black Pepper,

Vegan Mayo .

Loaded Fries & Nachos

Red Onion Rodeo Fries



Gluten



Milk

Bacon Pieces, Mozzarella Cheese. Onion BBQ Sauce ..Tomato Puree, Molasses, Salt, Maize Starch, Onion Powder, Smoke Flavouring,

Inferno Fries



Gluten



Milk

Spicy Beef, Beef, Wheat Flour, Salt Yeast, Dried Garliu, Dried Onions, Herbs Sweet Chilli Sauce ,Vinegar, Garlic Puree. Chillis

Smokey Southern Fries



Gluten



Milk

Pulled Pork, BBQ Sauce ..Tomato Puree,Molasses,Salt,Maize Starch,Onion Powder,Smoke Flavouring, Mozzarella Cheese.Onion,Jalapenos

Inferno Nachos



Gluten



Milk

Nachos.Maize Flour,Sunflower Oil,Salt, May Contain Milk

Spicy Beef,Beef,Wheat Flour,Salt Yeast,Dried Garliu,Dried Onions,Herbs Sweet Chilli Sauce ,Vinegar,Garlic Puree.Chillis, Mozzarella Cheese

Texan Nachos



Gluten



Milk

Nachos.Maize Flour,Sunflower Oil,Salt, May Contain Milk

Pulled Pork ,Wheat Flour,Salt Yeast,Dried Garliu,Dried Onions,Herbs Sweet Chilli Sauce ,Vinegar,Garlic Puree.Chillis, Mozzarella Cheese

Chilli Con Carne



Soya



Celery



Gluten



Milk

Beef Mince ,Onion,Garlic,Celery,Onion Powder .Tomatos, Tomato Puree,Corn Flour,Salt ,Olive Oil,White Wine Vinegar,Garlic Puree,Basil,Oregano,Black Pepper,Kidney Beans ,Jalapenos,Chilli,Chilli Flakes,Garlic Powder.

Plain Nachos With Cheese



Gluten



Milk

Plain Nachos, Mozarella Cheese

Kids Meals

Chicken Nuggets



Celery



Gluten

Chicken Breast, Wheat Flour, Maize Flour, Pepper, Celery, Yeast Extract, Sunflower Oil

Baked Beans, Haricot Beans, Tomato, Maize Starch, Onion Powder, Paprika Chips, Potato

Sausage *[Please Note The Kids Sausages Are Separate To Our Other Sausages & Thus Allergies/Ingredients Will Differ]*



Soya



Gluten



Sulphur

Pork, Rusk, Wheat Flour, Soya Beans

Baked Beans, Haricot Beans, Tomato, Maize Starch, Onion Powder, Paprika Chips, Potato

Sausage Mash *[Please Note The Kids Sausages Are Separate To Our Other Sausages & Thus Allergies/Ingredients Will Differ]*



Milk



Soya



Gluten



Sulphur

British Potato, Whey Powder (Milk), Rapeseed Oil, Salt White Pepper
Pork, Rusk, Wheat Flour, Soya Beans

Fishcake



Fish



Crustaceans



Molluscs



Milk



Mustard



Gluten

White Fish, Wheat Flour, Sunflower Oil, Rapeseed Oil, Palm Oil, Parsley, Turmeric, Milk, Mustard, British Potato, Whey Powder (Milk) Rapeseed Oil, Salt White Pepper Baked Beans .Haricot Beans, Tomato, Maize Starch. Onion Powder, Paprika Chips, Potato

Spag Bol  Celery  Gluten  Eggs  Soya
Beef Mince , Onion, Garlic, Celery, Onion Powder .Tomatos, Tomato Puree, Corn Flour, Salt ,Olive Oil, White Wine Vinegar, Garlic Puree, Basil, Oregano, Black Pepper Durum Wheat Semolina Pasta, May Contain Egg, Soya And. Palm Oil ,

Vegtarian Nuggets (Kids)

 Soya  Gluten  May Contain Celery  May Contain Egg
 May Contain Mustard  May Contain Sesame

Soya Protein, Water, Breadcrumbs (Wheat Flour, Rapeseed Oil, Yeast, Paprika, Salt), Sunflower Oil, Corn Starch, Vinegar, Citrus Fibre, Onion Powder, Garlic Powder,

Sauces

Sweet Chilli Jam

Sugar, Tomatoes, Red Peppers, Red Wine Vinegar, Tomato Paste, Chilli Paste, Pectin, Ginger Puree, Garlic Puree, Sea Salt, Lemon Juice

Sweet Chilli Sauce

 May Contain Gluten

Fructose Syrup, Vinegar, Modified Starch, Garlic Puree, Chillis, Salt

BBQ Sauce

Tomato Puree, Sugar Syrup, Spirit Vinegar, Molasses, Salt, Modified Maize, Onion Powder, Smoke Flavouring, Black Pepper,

Reggae Reggae Jerk Sauce



Gluten



May Contain Both Peanuts, Treenuts And Other Nuts

Water, Sugar, Barley, Malt Vinegar, Tomato Paste, Onion Puree, Modified Maize Starch, Red Scotch Bonnet Puree, Acetic Acid, Garlic Puree, Ginger Puree, Ground All Spice, Spring Onions, Ground Black Pepper, Paprika, Ground Coriander, Cinnamon, Nutmeg, Basil, Thyme

Garlic Mayo



Eggs

Rapeseed Oil, Pasteurised Egg Yolk, Vinegar, Sugar, Salt, Dried Garlic

Coleslaw



Egg

Rapeseed Oil, Spirit Vinegar, Potatostarch, Sugar Saltpasteurised Egg, Carrots, White Cabbage, White Onion

Kids Ice Cream Factory

All Ice Creams May Contain Or Come With Products That May Contain Gluten Or Forms Of Nuts – They Are Also A Milk Product



Smarties



Milk



Soya

Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Smarties, Palm Oil, Whey, Milk, Cocoa Powder, Tapioca, Soya, Vanilla, Apple, Beetroot, Coconut Oil, Rapeseed Oil. Strawbwrny Sauce , Sugar Strawberry, Syrup.

Flake



Milk

Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Mik, Cocoa, Butter. Cocoa, Butter Sauce , Sugar Syrup.

Bubblegum Millions



Milk

Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Sugar Flavourings

Chocolate Brownie



Eggs



Wheat



Milk



Soya

Sugar, Eggs, Wheat, Vanilla, Soybean, Butter, Palm Oil, Milk, Milk Whey, Cream Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Chocolate Sauce

Desserts

Sundaes

Banoffee Sundae



Milk



Gluten (Wafer)

Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder,

Toffee Sauce - Sugar, Water, Caramelised Sugar, Dried Skimmed Milk, Dried Cream, Sunflower Oil, Maize Starch, Salt, Xanthan Gum, Guar Gum

Bananas

Caramel Fudge



Milk



Gluten (Wafer)

Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Fudge, Skimmed Milk, Glucose Syrup, Vegetable Fat, Wafer Contains Gluten

Brownie Delight



Eggs



Wheat



Milk



Soya

Sugar, Eggs, Wheat, Vanilla, Soybean, Butter, Palm Oil, Milk, Milk Whey, Cream Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Chocolate Sauce, Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Chocolate Sauce, Squirty Cream, Milk, Sugar

Cold Desserts

Alabama Chocolate Cake (GF)



Eggs



May Contain Milk



Tree Nuts

Fondant, Sugar, Eggs, Rapeseed Oil, Gluten Free Flour, Cocoa Powder, Palm Oil, Rapeseed Oil, Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Squirty Cream .Milk sugar,

Custard



May Contain Eggs



May Contain Soya



Milk



May Contain Wheat

Chocolate Flake Cheesecake



May Contain Both Peanuts, Treenuts And Other Nuts

New York Vanilla Cheesecake , Dairy Free, Coconut Fat, Rapeseed Oil, Corn Starch, Palm Oil, Rapeseed Oil, Maize, Gluten Free Oats Lemon Juice

Flake



Milk

. Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Mik, Cocoa, Butter. Cocoa, Butter Sauce , Sugar Syrup.

Maltesser Cheesecake

New York Vanilla Cheesecake , Dairy Free, Coconut Fat, Rapeseed Oil, Corn Starch, Palm Oil, Rapeseed Oil, Maize, Gluten Free Oats Lemon Juice

Maltesers



Milk



Wheat



Soya

Skimmed Milk Powder, Cocoa Butter, Barley, Soya, Wheat Flour, Vegetable Fat

Four Layer Chocolate Cake



Milk



Wheat



Soya



Eggs

Sugar, Wheat Flour, Skimmed Milk, Milk Powder, Soya, Cocoa Butter, Palm Oil, Eggs, Butter, Whey Powder, Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder,

After Eight Cheesecake



May Contain Tree Nuts



May Contain Peanuts,



May Contain

Milk

After Eight Mints, Sugar, Cocoa Mass, Vegetable Fat, Cocoa Butter, Butterfat Milk, Dark Chocolate, New York Vanilla Cheesecake, Dairy Free, Coconut Fat, Rapeseed Oil, Corn Starch, Palm Oil, Rapeseed Oil, Maize, Gluten Free Oats Lemon Juice

Apple Crumble



Wheat Flour



Milk

Brown Sugar, Butter, Wheat Flour, Apples,

Treacle Sponge



Eggs



May Contain Soya



May

Contain Milk,



May Contain Tree Nuts



Wheat Flour

Treacle Songe, Syrup. Wheat Flour, Eggs, Vegetable Oil, Rapeseed Oil, . Ice Cream Mix, Skimmed Milk, Sugar, Veg Oil, Whey Powder, Custard As Above

Creamy Cookie Stack



Eggs,



Soya,



Milk,



Wheat/Gluten

Full Fat Soft Cheese (Cream , Milk), Skimmed Milk Powder, Cornflour, Buttermilk Powder, Single Cream, Digestive Biscuit Crumb (Wheat Flour, Palm Oil, Rapeseed Oil, Sugar, Raising Agent), Whipped Cream, Condensed Milk, Margarine, Belgian Chocolate Chunks (Sugar, Cocoa Mass, Cocoa Butter, Soya, Natural Vanilla Flavour), Dark Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Soya, Natural Vanilla Flavour), Free Range Eggs, Modified Potato Starch, Maize, Guar Gum

White Chocolate & Berry Brulee Tart



Eggs,



Soya,



Milk,



Wheat/Gluten



May Contain Both Treenuts & Peanuts

Cream, Milk, Pastry, Wheat Flour, Sugar, Palm Oil, Eggs, Sugar, Salt, White Belgian Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Natural Vanilla Flavouring), Blackcurrant Compote (Blackcurrants, Sugar, Water, Modified Maize Starch, Sodium Citrate Acidity Regulator), Blackberries, Caramel (Sugar & Water), Xanthan Gum, Lactic Acid, Amaretti Biscuit (Sugar, Apricot Kernels, Egg Whites, Corn Flour, Wheat Flour, Rice Flour

Caramel Biscuit Chouxnut



Eggs,



Soya,



Milk, Cream & Buttermilk



Wheat/Gluten

Powdered Fondant, Sugar, Dried Glucose Syrup, Water, Single Cream, Free Range Eggs, Speculoos Spread, Wheat, Flour, Palm Oil, Rapeseed Oil, Soya Flour, Cinnamon, Citric Acid, White Chocolate, Milk Powder, Cocoa Mass, Cocoa Butter, Skimmed Milk Powder, Natural Vanilla Flavouring, Buttermilk, Medium Fat Soft Cheese, Xanthan Gum, Sugar Syrup, Maize Starch, Modified Potato Starch, Caramelised Sugar Syrup, Salt.